



Suffolk (VA) Alumnae Chapter
Delta Sigma Theta Sorority, Inc.

JUN. 2022 | ISSUE 19

The Delta Download ↓



The President's Perspective

To my Sweet, Sweet Sorors of Suffolk Alumnae,

The past four years have truly been a humbling experience. Thank you for supporting and trusting me as we navigated through an uncharted journey. We were able to accomplish what many considered impossible during a global pandemic that changed our everyday lives; we bonded, loved, worked, informed, and blessed others. Thank you, Sorors!!! Thank you for being flexible and creative. Thank you for opening your mind and hearts. Thank you for trusting and believing in one another. Thank you for being the amazing women you were created to be. Thank you for sharing your gifts and talents to make Suffolk Alumnae the incredible chapter it was envisioned to be by our charter members.



Thank you, and God bless us all as we continue on this journey as Delta Sisters. In closing, congratulations to our new officers. Each of you is amazing and possesses unique skills that will enhance SAC even more.

AOML,

Tina M. Paul



WHAT'S INSIDE?

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Quarterly Committee Highlights Edition

CONGRATULATIONS! YOU DID THAT!!

May Week Committee

Chair: Soror Yilla Smith-Harry

Co-Chair: Soror LaKeila Powell



You Did That !!!

SOROR TINA M. PAUL



**Thank you, Soror, for contributing to the Tribute
Video for Madam President!**

**In case you missed it, you can access it on our private
Facebook page or by clicking the link here:**

**[https://drive.google.com/drive/folders/10fUAsOJwli
2dFSwCH6QQTJKCz9kXXlaQ](https://drive.google.com/drive/folders/10fUAsOJwli2dFSwCH6QQTJKCz9kXXlaQ)**

**If you have any difficulties accessing the link, reach
out to Soror Sharon Slaughter at
sacd64.mrc@gmail.com.**

Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

Congratulations



Belinda S. Pitts
22nd Chapter President
2022-2024



Bridgette M. Buckner
First Vice President
2022-2024



Nicole E. Randolph
Second Vice President
2022-2024



*Congratulations
to all of our
2022-2024
Elected/Appointed
Officers*

Recording Secretary
Assistant Recording Secretary
Corresponding Secretary
Financial Secretary
Assistant Financial Secretary
Treasurer
Assistant Treasurer
Internal Audit Chair
Nominating Committee Chair
Nominating Committee Member
Nominating Committee Member
Nominating Committee Member

Adrienne M. Turner
Tamara McBride*
Kimberly Vincent
Angela Hicks*
Wendy Hicks
Jewel T. Anderson
Davida Harrell-Williams
Tia Hughes*
Nicole V. B. Austin
Brenda Boston
Tess Godwin-Turner
Betty Montgomery

*= Appointed by Regional Director's approval due to vacancy

CONGRATULATIONS ARE IN ORDER...

Courtesy & Hospitality Committee
Chair: Soror Jackie Matthews
Co-Chair: Soror Ebony Hudson

On Earning Your Degree!



Soror Sonia Bethea

Masters in Public Administration;
Strayer University



Soror Ericka Counts

Doctorate in Occupational Therapy;
University of St. Augustine



Soror Wendy Hicks

Doctorate in Business Administration Leadership;
Liberty University



Soror Regina McKinney

Doctorate in Nursing Practice;
Chatham University



Soror Aaronetta Stewart

Doctorate in Strategic Leadership;
Liberty University



Soror Latesha Wade-Jenkins

Doctorate in Educational Leadership;
Liberty University



Soror Catrina Uzzle

Masters
Regent University



On Your Promotion, Appointment & Outstanding Service!



Soror Ebony Hudson
Team of the Year Award
(Silver Award) Naval Facilities
Engineering Systems
Command (NAVAC Atlantic)



Soror Krista Gaddist
Manager Executive
Compensation; Huntington
Ingalls Industries, Inc.



Soror Jan Elion
Retirement Optima Health



Soror LaKeila Powell
Family Service Program
Manager; Norfolk Human
Services



Soror Roniko Richardson
Family Service Program
Manager; Norfolk Human
Services



Soror Nicole Randolph
Senior System
Administrator; Sentara
Healthcare



Soror Simone Boothe, Esq.
Interim City Attorney
2018-2022



Soror Tina M. Paul
Stellar Leadership and Service
2018-2022



Soror Bridgette M. Buckner
Appointment to serve as a
Member of the National
Documents Review and
Management Committee for
2021-2023

Celebrating our DEARS for Older Americans Month

Membership Services Committee

Chair: Soror Belinda S. Pltts

Co-Chair: Soror Bridgette M. Buckner



Back row: Deborah Springs, Jackie Matthews, Jan Elion, Jessie Lawrence, Deborah Sanford, Gloria Spruiell, Charlene Christian-Andrews, ***Middle row:*** Gloria Mizelle, Patricia Lynn Richards-Spruill, Nancy Adams, Gail Hinton-Copeland, Kim Vincent, ***Front Row:*** Carolyn Mayfield, Betty Montgomery, Doris Johnson, Lula B. Holland, Mary Hicks

Every May, the nation observes Older Americans Month. The focus is on seniors and the tremendous impact they have made in their lifetime. SAC takes this opportunity to show our appreciation to our Delta DEARS for their dedication of time and wisdom to our Chapter. We celebrate their commitment to Delta by offering the support and services they need to thrive and stay connected to their sorors. This year the DEARS were honored with a brunch at the Hilton Garden Inn Riverfront. Each DEAR had a sponsor for their meal, and the Chapter presented them with a beautiful African Violet plant.

Black Women Lead GROW w/GOOGLE

Grow with Google Committee

Chair: Soror Bridgette M. Buckner

Co-Chair: Soror Belinda S. Pitts

Delta Sigma Theta Sorority, Inc. partnered with Google to train 20,000 black women by May 31, 2022, in digital skills (effectively using Google Sheets, Docs, Slides, and Drive), using Google for a job search, resume writing, and design thinking for entrepreneurs.

SAC signed up to help reach the goal. The chapter conducted two interactive workshops: a resume workshop on Thursday, May 5, and one on digital skills focusing on understanding Google Drive and Google Sheets on Thursday, May 12.

The participants appreciated the knowledge shared and the experience gained. Because the workshops were well-received, the chapter plans to conduct more workshops in the 2022-2023 Sorority year. These workshops will be open to chapter members and the public as well. Be sure to sign up and tell a friend.



Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

Black Women Lead

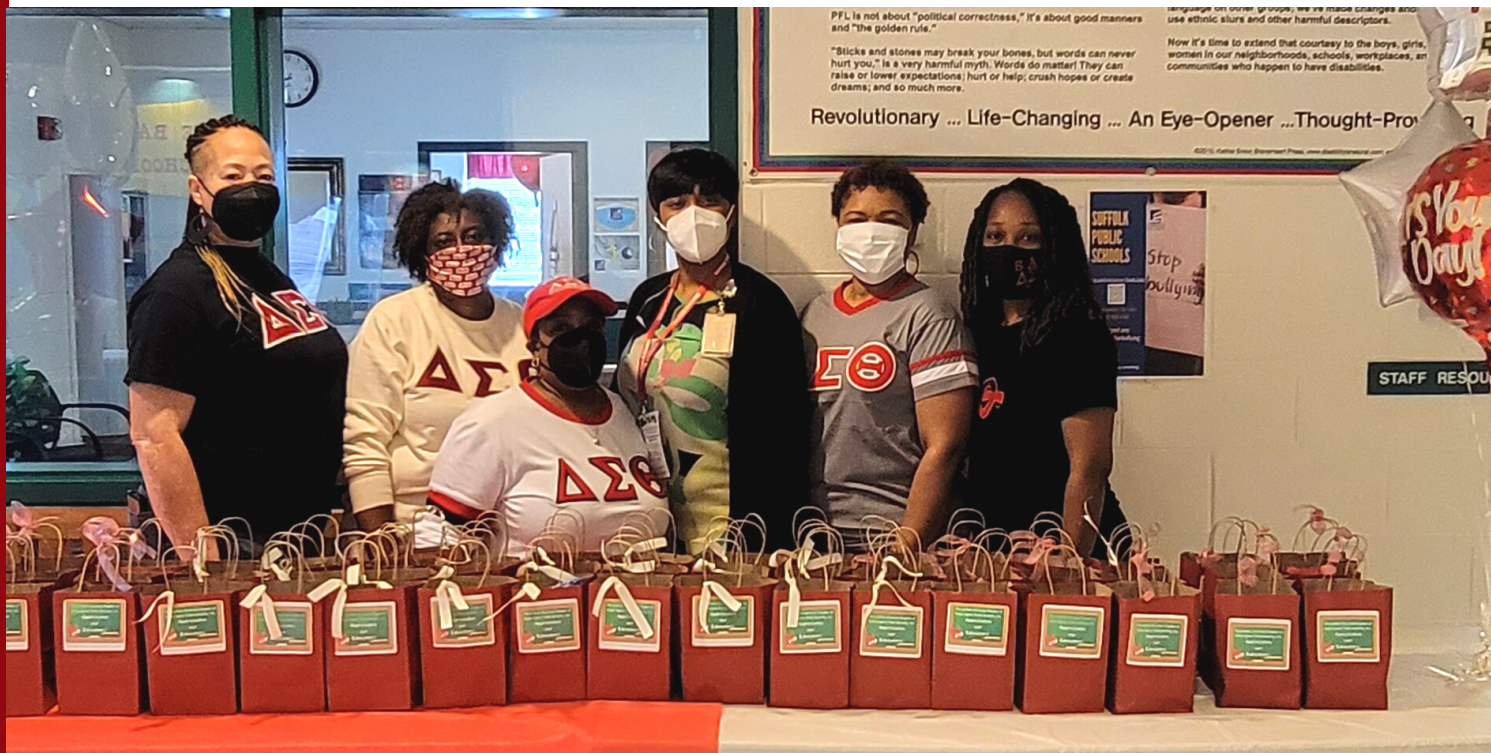
Grow
with
Google



Program Planning & Development

Chair: Soror Robin Edwards-Clark, First Vice President

Co-Chair: Soror Kimberly Vincent

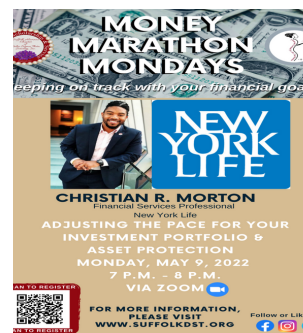
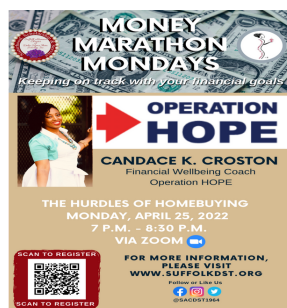


Program Planning & Development took its talents to Chuckatuck's Oakland Elementary School for Teacher Appreciation Day on May 2, 2022, to present the entire staff of sixty members with goodie bags and cheer. The Principal, chapter member, Soror Candace Myrick, and her wonderful team were grateful and excited to receive all the love, attention, and treats from the committee. Kudos to the event planners Sorors Tess Turner and Kim Vincent!

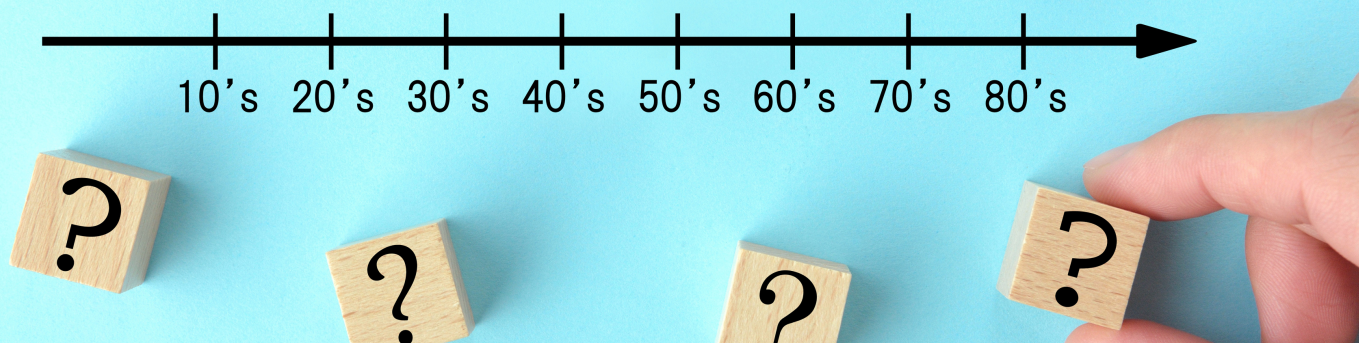


What a teacher writes
on the chalkboard of life
can never be erased.

In the last week of April and the first two weeks in May, the committee dropped financial nuggets of knowledge on the community and the chapter as they kicked off the first Money Marathon Monday series. Two speakers, Candace Croston of Operation Hope and Christian R. Morton of New York Life, educated the chapter about the *Hurdles of Homebuying*, *Adjusting the Pace of our Financial Portfolios*, and *Approaching the Finish Line* toward retirement. Members learned a lot about retirement goals and realized they must step up their game if they want to live lavish lifestyles and retire like the Real Millionaire Delta Divas of Suffolk!



Financial Planning



Program Planning & Development stepped in and worked with the Youth Initiatives in 2022 and held several programs. The youth participated by viewing the virtual May Week celebration and they were each awarded a \$200 gift card to close out their program. The last event of the chapter year will be *Stepping Into Our Purpose*, the new and gently used shoe drive to benefit women at the Genieve Shelter. Suffolk Alumnae will collect the shoes at the SAC-DST end-of-the-year celebration cookout and deliver them the following week to the shelter. Sorors, clean out your closets and your girlfriend's closets and donate those beautiful shoes you can't fit or never wear. If you don't have any you want to part with, please purchase a couple of new ones to donate!



Scholarship Committee

Chair: Soror Ericka Counts
Co-Chair: Soror Kimberly Pitt

The Scholarship committee participated in the annual May Week event. Through the Suffolk Alumnae Chapter and various other sponsors, we provided nine high school students with scholarships totaling \$9400.

Makendra Crosby

Suffolk Alumnae Chapter \$1,500
Laurie Ann Hall Scholarship \$250

Kadin Ewing-Yancey

Athalia Joyner Richards Scholarship \$200

TaMyra Freeman

Suffolk Alumnae Chapter \$1,500

A'Lorah Gunther

Doretha S. Milteer Scholarship \$1,000

Maureese Harrison

Florence Bowser Book Scholarship \$500
Lady of Lakeland Scholarship \$150

Destiny Jackson

Vermelle T. Byrd \$1,000

Alysha Johnson

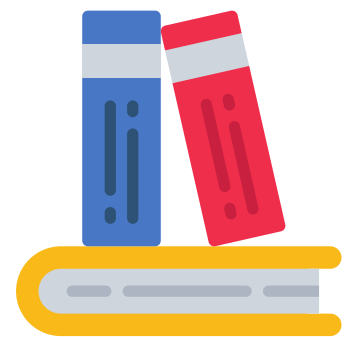
Suffolk Alumnae Chapter \$1,500
The Fortitude Scholarship \$500

Ross Norris, II

Lady of Lakeland Scholarship \$150
Lillian M. Jones Memorial Scholarship \$500

Bryan Papillion, Jr.

Florence Bowser Book Scholarship \$500
Lady of Lakeland Scholarship \$150



★CONGRATULATIONS★



Arts & Letters

Chair: Soror Patricia Lynn Richards-Spruill

Co-Chair: Soror Felita Steverson

SAC Arts & Letters Committee had a terrific year promoting cultural awareness despite the pandemic. Arts & Letters challenged the members of SAC to support the following films being promoted by Delta for Television (DSTv) on Lifetime, "Wrath: A Seven Deadly Sins Story" and "Greed: A Seven Deadly Sins Story." A film evaluation was developed and sent to all members of SAC, to complete and return via email. The purpose of the evaluation is to analyze the film in terms of its messages, artistic value, technical skill, and cultural representation.

Members of Arts & Letters promoted a night of entertainment at VA Arts Festival featuring the gifted actress and singer from the Broadway production "Hamilton," Soror Renée Elise Goldsberry, to enjoy her powerful vocals and her selections of songs that uplifted, empowered, and healed the soul. VA Arts Festival offered the chapter 20% off tickets.

SAC Arts & Letters Committee was proud to be apart of this year's May Week event for 2022. Arts & Letters announced its winner of the **First Annual Creative Art Contest** entitled: **Creative Art - "The Imagination of the Future,"** which artists' interpretation and depiction of their vision for the future were revealed through creative artwork in an artistic form that re-enlighten trends and technology of today. Arts & Letters congratulated the winner, **Miles Barnes**, a sophomore at Kings Fork High School in Suffolk, Virginia for using his power of art to express meaningful messages. His unique artwork totally stood out, and his creativity knows no bounds.

A monetary gift has been presented to the winner, as well as, a certificate of achievement. His artwork is being showcased on the SAC website (suffolkdst.org). Miles Barnes, the winner of the Arts & Letters "Creative Art Contest" came forth and presented his art presentation to the public.

The Arts & Letters Committee thanks everyone for their love, support, and encouragement over the years, as we bring forth cultural activities and events to promote cultural awareness that positively reflect or uplift the African-American community through art, music, dance, and poetry.

Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, presents
Creative Art:
"The Imagination of the Future"
Art Contest Winner
Miles Barnes
Imagine
For more information, please visit us at www.suffolkdst.org

Social Action: Be A Change Agent!

Chair: Soror Nicole Randolph
Co-Chair: Soror Robin J. Whitley



Service, Scholarship, Sisterhood, and Social Action! We are so grateful to our dear departed past National President Cheryl Hickmon for finally engraving Social Action into our banner and securing it in its rightful place in Delta Sigma Theta Sorority, Inc. **Delta was built on the framework of Social Action and it is meshed in the fiber of who we are** and it's why we all must be included in the advocacy that takes place within our communities, our state, our nation and globally. Our Sorority is everywhere and we are connected to organizations that have an impact on influencing change and making progress. Everyone knows who we are, what we do, and what we stand for! We have an opinion on gun violence, reproductive rights, environmental justice, police violence, women's equality, education, health disparities, the wage gap, prison reform, and many more. We take action on the various social issues that are forever changing and we are guided by our National Social Action Commission, our regional chairs, and our respective state coordinators. When our chapter's Social Action Chairperson comes up with events they are based on these national initiatives that we are charged with and local events to meet the needs and issues of our community. Every program/event must be pre-approved by our chapter president and by our state coordinator to make certain we are in compliance. This is how we do what we do, but the passion for why we do it stems from advocating for issues bigger than ourselves and those stated in our oath. You may not care for politics or really understand the process, but as black women, there is nothing that doesn't affect you, your family, or those around you.

For example, the current attack on reproductive rights, the heightened gun violence in Suffolk, surrounding cities, and the mass shootings in Buffalo and Uvalde, inflation and the high gas prices, the shortage of baby formula, the shortage of tampons and stocked food shelves are all important issues to be concerned about. Redistricting has given us all new Congressional districts and representatives along with new House and State Senate Districts and some of us will have new voting precincts. Please pay attention to the updated voter registration information from your local registrar. We have some bright spots in Suffolk as we celebrated our **first female and first black Commonwealth Attorney Narendra Pleas and Chief of Police Alfred Chandler**. Likewise, the historic nomination of the country's **first black female Supreme Court Justice, Ketanji Brown Jackson** made us all proud and Virginia just appointed our **second black Chief Justice of the Supreme Court, Samuel Bernard Goodwyn**. These historic and important appointments were made possible because we voted in record numbers two years ago. However, we stand to lose control of Congress in DC and the Senate in Virginia if we don't get out to vote in record numbers again. Sorors, our first event in the new chapter year is our annual **Third-Party Voter Registration Training**. Make sure you are signed up, along with your church members, and teens to get certified to host voter registration drives. Share the link and flier with your other organizations, friends, and family members. **Social Action is the responsibility of every Delta; It's who we are and what we do. We are change agents, Sorors!**

Physical & Mental Health

Chair: Soror Shea Skinner

Co-Chair: Soror Pharnetia Jackson

The Physical and Mental Health Committee collaborated with Anthem Healthkeepers to host an installment of the Black Health Series on May 3, 2022. Anthem Healthkeepers understands health as it relates to the Black community and connects us to each other. Anthem is dedicated to delivering better care to the their members, providing greater value to their customers and helping to improve the health of communities. The event consisted of 3 speakers who covered the following topics:

- ISNP (Institution Special Needs Plan): a plan created specifically for members who are in a long-term care community to prevent hospitalization.
- The Community Relations Program for people with Medicaid who need extra help managing their care. Also, receiving all your Medicaid benefits and home-and community-based services to fit your life.
- Anthem’s Medicare Advantage plans which are either health maintenance organizations (HMO) or preferred provider organizations (PPO).

Anthem Healthkeepers has a leading network of doctors and hospitals, and constantly works with them to lower the costs of care to their subscribers. The importance of taking advantage of the available resources through Anthem was emphasized along with how to connect to the resources. The information provided during the event was extremely important to the community because people had Medicaid questions pertaining to eligibility, enrollment, cost, how it differs from Medicare and prescriptions. Suffolk Alumnae looks forward to continuing and expanding the Black Health Series and including Anthem Healthkeepers during the enrollment period.

Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.
presents

2022 BLACK HEALTH SERIES

Evening With Anthem HealthKeepers

Tuesday, May 3, 2022
7 P.M. - 8:30 P.M.

Speakers:
 Jennifer Tyler, Field & Service Representative
 Wynne Rantz, Anthem HealthKeeper's Institution Special Needs Plan (ISNP)
 Jasma Wazurubah, Community Relations Representative

Wellness Pyramid:
 Physical Wellness
 Self Care
 Emotional Wellness
 Awareness and Advocacy

For more information, please visit www.suffolkdst.org

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Getting to Know You

What do you do "outside of Delta, professionally"?



Teacher, 40 years, retired
Soror Vermelle T. Byrd
Alpha Lambda, NCCU, Fall 1955



Career Coach/Guidance Counselor/
Music Teacher, 43 years, retired
Soror Jacqueline Matthews
SAC, Fall 1968



Chemist, 35 years, retired
Soror Barbara B. Walker
Eta Tau, VCU, Fall 1979



Nurse, 45 years, retired
Soror Jan Elion
Beta Gamma, Dillard University, Fall 1973



Educator, Social Studies Lead Teacher, 5 years
Soror Danasha Edwards
SAC, Spring 2022



Educator/Principal, 32 years
Soror Lorri Banks
Miami Alumnae, Spring 1987



Registered Nurse, 33 years; CRNA, 22 years;
Nonprofit Administrator, 7 years
Soror Regina McKinney
SAC, Spring 2018



Primary Care-Physician Assistant, 13 years
Soror LaKeila Powell
SAC, Spring 2018



Home Educator, 9 years; Information
Technology Professional, 7 years
Soror Bridgette M. Buckner
Auburn Alumnae, Spring 1996



Realtor, Summit Realty Group, 7 Years
Soror Candice Watkins
SAC Spring 2022



Retired Licensed Pharmacist, 40+ years;
VA Board of Pharmacy, Member
Soror Patricia Lynn Richards-Spruill
SAC, Spring 1988



Registered Nurse, 15 years
Soror Toni Thomas
Portsmouth Alumnae, Spring 2010



Mental Health Administrator, 27 years
Soror Lonice Darden Williams
SAC, Spring 2018



Chief of Youth Programs for DoD, 6 years
Soror Candice Lewis
SAC, Spring 2022



Pharmacist, 3 Years
Soror Nequa Powell
SAC, Spring 2022



Chiropractor, 16 years;
Adjunct Professor, 8 years
Soror Melody Matthews Calloway
SAC, Spring 2006



Educator, 44 years, retired
Soror Gail Hinton-Copeland
SAC, Spring 1988



High School Principal, 6 years
Soror Latesha Wade-Jenkins
SAC, Spring 2022



Contract Specialist Intern, 10 months
Soror Asia Bracey
SAC, Spring 2022



Contracting Officer, 5 years
Soror Malita Smith
SAC, Spring 2022



Manager, Executive Compensation, 1 yr;
 (HR Compensation [Exec], 17yrs);
 Stock & Crypto Currency Investor, 3 yrs
Soror Krista Gaddist
 SAC, Spring 2022



Certified Medical Technologist, 40 years;
 Certified Quality Auditor, 10 years in
 healthcare; Mary Kay Beauty and Skincare
 Consultant, 14 years.
Soror Brenda C. Boston, SAC, Spring 1993



Psychiatric Technician, 1 year
Soror Alexis Olds
 SAC, Spring 2022



Sr. Social Worker-34 Years, retired
Soror Deborah Ann Sanford
 SAC, Spring 1996



Advanced Practice Registered Nurse, 48 years;
 Utilization Review Nurse, CCM - 3 years
Soror Linda L. Smith
 SAC, Spring 2022



Realtor, Berkshire Hathaway, 18 years;
 Public Affairs Planner, GS Civilian, 14 years
Soror Aaronetta Champion Stewart
 SAC, Spring 2022



Housing Authority Program Director, 30 years
Soror Pamela B. Jones-Watford
 SAC, Spring 1988



Educator, 28 years, retired;
 Early Education Services Coordinator, 12 years
Soror Deborah Springs
 Epsilon Theta, Norfolk State Univ., Spring 1971



Operations Manager, 19 years
Soror Tamara McBride,
 Alpha Gamma, Morgan State Univ., Fall 1979



Public Relations Professional, Political
 Strategist, Community Change Agent &
 Event Curator, 20 years
Soror Kimberly Wimbish
 SAC, Spring 2022



Solution Management Director
 Epidemiologist, Anthem, 16 years
Soror Kathryn Allen Stamps
 Alpha Omega, St. Louis City-Wide,
 Washington University, Fall 1996



Finance Professional/Accountant: 7 years
 Small Business Owner: RoyalTee Designs &
 Let's Go Sign Notary
Soror Tracey Hamilton
 SAC, Spring 2022



Education, 17 years
Soror LaToya Gregg
 Franklin Alumnae, Spring 2008



Paralegal, 13 years
Soror Treva Stokes
 SAC, Spring 2022



Navy retired 26 years;
 Patient Safety/Risk Management 6 years
Soror Sonia Bethea
 SAC, Spring 2018



Chief Marketing Officer @
 Cooper Hurley Injury Lawyers
Soror Cassidy Lewis
 Delta Chi, ECSU, Spring 2010



Senior Living Sales Specialist, 11 years
Soror April Theus
 SAC, Spring 2022



Educator, 36yrs, retired
Soror Jacqueline Allen
 Montclair Alumnae, Spring 1994



School Social Worker, 11 years;
 Part-Time Outpatient Therapist-2 years;
 Volunteer Dream Maker, 6 years
Soror Shonda McClure
 SAC, Spring 2022



Educator, 18 years;
 Founder/Overseer/Pastor of Acts
 Apostolic Church, 7 years
Soror Tonya Spruill
 Smithfield Alumnae, Spring 2017



Getting to Know You

What do you do "outside of Delta, professionally"?



K-12 Educator and Counselor, 11 years;
College Professor, 5 years
Soror Nicole V.B. Austin
Zeta Omega, Lincoln University-PA, Spring 2003



Speech Language Pathologist, 30 years, retired;
Board Member for the Boys and Girls Club
Soror Kimberly E. Ward-Vincent
Portsmouth Alumnae, Spring 1985



Art Educator, 5 years
Soror Kaira Smith
SAC, Spring 2022



Educator, 28 years; QMHP-C, 6 years
Soror Rochelle McMorris
SAC, Spring 2022



Educator 15 years
Soror LaToya McGlone
SAC, Spring 22



Social Worker, 18 years
Soror Daria Willis
SAC Spring 2022



Real Estate Appraiser, 15 years
Business Consultant/Owner, 2 years
Soror Shawanee Waters
SAC, Spring 2022



Therapist, 2 years; Mental health, 14 years;
Speech Therapist, 4 years
Soror Chylanda (Chey) Williams-Wood
SAC, Spring 2022



Medical Billing and Coding, 22 years
Soror Belinda S. Pitts
SAC, Spring 2018



Family Services Program Manager, 15 years
Soror Roniko Richardson
SAC, Spring 2022



Victim Advocate, 20 years
Soror Latasha Powell-Mason
Delta Chi -Elizabeth City State Univ., Spring 1997



Medical doctor (specialty psychiatry), 13 years,
Soror Trimaine Brinkley
SAC, Spring 2022



Medical Doctor (Neonatologist), 5 years
Soror LaShawndra Walker
Alpha Chapter, Howard Univ., Spring 2009



Registered Nurse, 31 years
Soror Echoe Edmond
Eta Tau, VA Commonwealth Univ., Fall 1988



Teacher, 12 years; Realtor, 7 months
Soror Manika Thomas
SAC, Spring 2022



Payroll Professional, 8 years
Soror Sharlay Wofford
SAC, Spring 2022



Educator 27 years with Suffolk Public Schools
Soror Tina M. Paul
Alpha Eta, Virginia State University, Spring 1994



Doctor of Law and Educator, 5 years
Soror DeShanna Honoré
SAC, Spring 2022



Newport News Shipbuilding, 14 years;
Quality Engineer and Engineer Manager 2 years
Soror Porsha Wilkerson
SAC, Spring 2022



Family Nurse Practitioner, 22 years
Soror Pharnethia Jackson



Vocal Music Education Teacher, 4 years
 Educator, 3 years
 Department of Justice, retired 2012
 Minister of Music Bryant Baptist Church
Soror Robin Gregg-Chappell
 Alpha Eta, Virginia State Univ., Spring 1990



Registered Nurse; Director of
 Pulmonary/Telemetry Stepdown Unit
 5 years in Leadership; 14 years at Bon
 Secours
Soror Lakeshia Caine
 SAC, Spring 2022



Registered Nurse, 29 years;
 Licensed Funeral Director & Embalmer, 18 years
Soror Rhonda Peebles-Holland
 Epsilon Theta, Norfolk State University, Spring 1990



Human Resources (Suffolk Public Schools)
 Administrative Assistant;
 Notary Public for the Commonwealth of VA
Soror Lisa Williams
 SAC, Spring 2022



Educator 21 years, Director of Connie's House
 (NonProfit Organization)2 years
Soror Jameka Bright
 SAC, Spring 2022



Doctorate in Business Administration
 Accountant, 7 years;
 Paparazzi Consultant, 9 months
Soror Wendy Hicks
 SAC, Spring 2018



Educator, 14 years; QMHP- C, 7 years;
 Assistant Principal, 3 years
Soror Jerrilynn Dickey
 Epsilon Theta, Norfolk State Univ., Spring 2004



Licensed Clinical Social Worker; Hampton
 VA Medical Center (suicide prevention case
 manager); Owner of TR Consultants, LLC
 outpatient mental health counseling
 services.
Soror Trakesha Jones
 SAC, Spring 2022



Mental Health Professional & Counselor,
 25+ years; Triage Supervisor, 4 years
Soror Robin Edwards-Clark
 SAC, Spring 2006



Registered Nurse, 61 years; Col. (Retired)
 U. S. Army Reserve, Social Worker, 26
 years
Soror Lula B. Holland
 SAC, Spring 1993



Judge, General District Court,
 Since April 1, 2021; Lawyer, 32 years
Soror Helivi L. Holland
 SAC, Spring 1993



Teacher, retired; Funeral Home, owner;
 Musician playing at different jazz events;
 DJ for Private Functions
Soror Vanessa Harris
 SAC, Spring 1993



Elementary Educator 12 years, Assistant
 Principal 4 years, Principal 2 years
Soror Kristal Taylor
 SAC, Spring 2022



Math Teacher, 7 years; Data Analyst, 2 years
Soror LaCleder Odom
 SAC, Spring 2018



Information Technology Specialist/Cyber
 Security-20 yrs; Travel Agent-4 yrs; Soon
 to be VA Real Estate Agent-June 22; Event
 Planner/Centerpiece Designer-4 yrs
Soror Lotoria Fowlkes
 SAC, Spring 2022

THAT'S MY SOROR

Meet a Delta DEAR, a reclaimed soror, and our Membership Spotlight soror.



We're Spotighting You!!
Angela L. Hicks



Job/Title/Position:

3rd grade teacher with Norfolk Public Schools, 29 years as an educator (5 in Norfolk, 24 in Suffolk Public Schools)

College/Major:

Virginia State University-BS Degree in Business Administration 1986;
Norfolk State University-Teacher Certification 1996;
Old Dominion University- Master's Degree-Administration & Supervision PreK-12, 2004

What is your idea of a good time?

I love to go out to dinner and movies.

What is your Initiation chapter/date, line number/name; line's name?

Suffolk Alumnae; Spring 1996, #17

What committee(s) do you serve on in SAC?

Risk Management Committee- Chair

Based on the theme from this year's chapter retreat, what gifts are you unwrapping?

Serving as the Recording Secretary.

What is a favorite gift you've received?

Teacher Appreciation gift from one of my students/parents was a Michael Kors handbag and a gift card to Ashley Stewart (My favorite shopping place)

What is your most memorable moment in Delta?

March 22, 1996, when I was initiated into Delta Sigma Theta Sorority, Inc.

If money/time/talent were no object, what one thing would you have, be, and do?

DO: Retire today and go on a week-long cruise once a month for the rest of my life.



Welcome Back, Soror!
Jessie Lawrence



Job/Title/Position:

Retired: Educator

College/Major:

Elizabeth City State University Bachelor of Science in Education
Regent University Master of Education

Initiation chapter/date, line number/name; line's name:

Elizabeth City Alumnae Chapter, April 30 1996, #15-"Exhale" on the line "Waiting To Exhale"

What is your idea of a good time?

I enjoy family gatherings, traveling (road trips), shopping, reading, a relaxing beach vacation, spa day, taking care of my plants.

What committee(s) do you serve on in SAC?

Physical and Mental Health
Social Action

What makes SAC special to you?

It's about women of intellect, integrity, and a sense of purpose.

THAT'S MY SOROR



She's our DEAR!
Guinelle Trower-Koonce

Occupation:

Retired Senior Social Worker
(Adult Services/Adult Protective Services)

College/Major:

Virginia State University, Social Work

What is your Initiation chapter/date, line number/name; line's name?

April 1993; Suffolk Alumnae Chapter, #15

Based on the theme from this year's chapter retreat, what gifts are you unwrapping?

To be supportive wherever needed.

If money/time/talent were no object, what one thing would you have, be, and do?

HAVE: An ocean-front beach house. **BE:** A blessing to family and friends. **DO:** Travel to new destinations and contribute to cures for cancer.



What is a pet peeve of yours?

Rudeness!

What do you do for fun?

I love spending time with friends and family.

If money/time/talent were no object, what one thing would you have, be, or do?

BE: the owner of flower shop **DO:** travel to Africa, Paris, and the Caribbean.

What committee(s) do you serve on in SAC?

Media Relations (MRC)

What Delta advice would you give a young soror?

Be WISE, Be TRUE, Be KIND, Be YOU!



Congratulations to all of the 2020-2022 SPOTLIGHT SORORS!

In case you missed one, look in the Member Portal to get to know other chapter members from previous editions of the Delta Download!

- Soror Vermelle T. Byrd (Sept., 2020)
- Soror Carolyn Mayfield (Oct., 2020)
- Soror Charlie Fairchild (Oct, 2020)
- Soror Cassidy Lewis (Nov, 2020)
- Soror Jacqueline Matthews (Nov., 2020)
- Soror Juanita Glover (Dec., 2020)
- Soror Pharnethia Jackson (Dec, 2020)
- Soror Joyce Diggs (Jan., 2021)
- Soror Camino Staton (Jan, 2021)
- Soror Doris Johnson(Feb., 2021)
- Soror Lakeila Powell (Feb, 2021)
- Soror Joyce Powell-Jones (Mar., 2021)
- Soror Robin J. Whitley (March, 2021)
- Soror Barbara Byrd Walker (Apr., 2021)
- Soror Gloria Spruiell (Apr., 2021)
- Soror Judith Brooks-Buck (May, 2021)
- Soror Ericka Counts (May, 2021)
- Soror Jan Elion(June, 2021)
- Soror Melleasenah Rountree (June, 2021)
- Soror Lula Holland (Sept./Oct., 2021)
- Soror Malika Myrick (Sept/Oct 2021)
- Soror Janice Smith (Sept/Oct, 2021)
- Soror Jacqueline Allen (Nov., 2021)
- Soror Sonia Bethea (Nov, 2021)
- Soror Kia Edwards (Nov, 2021)
- Soror Tamara McBride(Nov., 2021)
- Soror Latasha Powell (Dec, 2021)
- Soror Nicole Randolph (Dec, 2021)
- Soror Patricia Lynn Richards-Spruill (Dec., 2021)
- Soror Chassity Beads Harris (Jan, 2022)
- Soror Bridgette M. Buckner (Jan, 2022)
- Soror Sharon Knight (Jan., 2022)
- Soror Anjelica Harris (Feb, 2022)
- Soror Betty Montgomery (Feb., 2022)
- Soror Yilla Smith-Harry (Feb, 2022)
- Soror Adrienne Simmons (Mar., 2022)
- Soror Deborah Springs (Mar., 2022)
- Soror Mary Steverson (Mar., 2022)
- Soror Brenda Boston (Apr., 2022)
- Soror Charlene Christian-Andrews (May, 2022)
- Soror Davida Harrell-Williams (Apr., 2022)
- Soror Charlene Holloway (April, 2022)
- Soror Robin Edwards-Clark (May, 2022)
- Soror Erica White (May, 2022)





Celebrating Sorors

Happy Birthday, Sorors!

- 06/01 Latesha Wade-Jenkins
- 06/01 Manika Thomas
- 06/03 Aretha Porter
- 06/04 Bryce Williams
- 06/10 Kathryn Allen-Stamps
- 06/13 Robin Gregg-Chappell
- 06/13 Pamela Jones-Watford
- 06/14 Tess Turner
- 06/18 Kimberly Hitchman
- 06/19 Julia James
- 06/21 Latoya Gregg
- 06/22 Cherelle Mason-Harris
- 06/24 Charmaine Walker
- 06/24 LaShawndra Walker
- 06/24 Sonia Bethea
- 06/25 Katrina Cary
- 06/26 Shonda McClure
- 06/27 Sierra Ashe



END-OF-THE-YEAR COOKOUT



6/25/22



SECRET SOROR REVEAL!

It isn't too late to show your "Surprised Soror" some DELTA LOVE! The reveal will take place at the End-of-the-Year Cookout on June 25!

Make sure you're there to thank your "Secret Soror" for all the love she's shown you!

Our thoughts and prayers are with you!

Please continue to pray for our sorors who have recently suffered a loss, are ill, recovering from surgery, have been under the weather, or are facing one of life's many challenges. Those that we are aware of include:

Nicole Austin, Angela Hicks, Felicia DeLoatch, Joyce Diggs, Donise Epps, Charlie Fairchild, Latoya Gregg, Robin Gregg-Chappell, Davida Harrell-Williams, Kimberly Hitchman, Sharon Knight, Darlene Lascano, Jessie Lawrence, Jacqueline Matthews, Melody Matthews Calloway, Tamara McBride, Betty Montgomery, Tina M. Paul, Belinda S. Pitts, Nicole Randolph, Patricia Lynn Richards-Spruill, Deborah Sanford, Sharon Slaughter, Janice Smith, Gloria Spruiell, Tonya Spruill, Camino Staton, Felita Steverson, Mary Steverson, Guinelle Trower-Koonce, Adrienne Turner, Tess Turner, Catrina Uzzle, Robin Whitley, and Dana Woodson.

If we have omitted any names, please forgive us and let us know so we can include them next month.



Suffolk Alumnae Members

2021-2022

- | | | | |
|-----------------------------|-------------------------|------------------------|----------------------------|
| Aaronetta Stewart | DeShanna Honore | Kelli McCray | Patricia Richards-Spruill* |
| Adrienne Simmons | DeVonda Spivey | Kia Edwards | Pharnethia Jackson |
| Adrienne Turner | Dionna Scott | Kier Holland | Porsha Wilkerson |
| AijhaLiggins | Donna Richardson | Kimberly Hitchman | Regina McKinney |
| Alexis Olds | Doris Johnson* | Kimberly Penerton | Rhonda Peebles-Holland |
| Alexis Smith | Ebony Hudson | Kimberly Pitt | Robin Edwards-Clark |
| Angela Hicks | Echoe Edmond | Kimberly Stanley | Robin Gregg-Chappell |
| Anjelica Harris | Erica Williams-White | Kimberly Vincent | Robin J. Whitley |
| April Theus | Ericka Counts | Kimberly Wimbish | Rochelle McMorris |
| Aretha Porter | Erin Banks | Krista Gaddist | Roniko Richardson |
| Asia Bracey | Erin Lawrence | Kristal Taylor | Sandra Walton |
| Barbara B. Walker* | Ernestine Kearney* | LaCleder Odom | Sharlay Wofford |
| Belinda S. Pitts | Felicia DeLoatch | Lakeila Powell | Sharon Knight* |
| Betty Montgomery* | Felita Steverson | Lakeshia Caine | Sharon Slaughter |
| Beverly Washington-Williams | Gail Hinton-Copeland | LaNiece Lawrence | Shawanee Waters |
| Brenda Boston* | Gail Pulley | LaShawndra Walker | Shawn Harris |
| Bridgette M. Buckner | Gayle Spencer-Ridley* | Latasha Powell | Shawna Stratford |
| Bryce Williams | Gina Knight | Latesha Wade-Jenkins | Shea Skinner |
| Camino Staton | Gloria Mizelle* | Latonya Williams | Shonda McClure |
| Candice Lewis | Gloria Spruiell* | LaToya Gregg | Sierra Ashe |
| Candice Watkins | Guinelle Trower-Koonce* | LaToya McGlone | Simone Boothe |
| Carolyn Mayfield* | Gwendolyn Williams | Linda Smith* | Sonia Bethea |
| Cassidy Lewis | Helen Lewis* | Lisa Williams | Sparkle Edwards |
| Catrina Uzzle | Helivi Holland | Lonice Williams | Stephanie Blue |
| Charlene Christian-Andrews* | Jacqueline Allen* | Lorri Banks | Tabatha Ford |
| Charlene Holloway | Jacqueline Matthews* | Lotoria Fowlkes | Takiyah Brown |
| Charlette Fairchild | Jacquelyn Lawrence* | Lula Holland* | Tamara McBride* |
| Charmaine Walker | Jameka Bright | Malikah Myrick | Tashanae Francis |
| Chassity Beads Harris | Jan Elion* | Malita Smith | Tenesha Hicks |
| Cherelle Mason-Harris | Janice Smith | Manika Thomas | Tess Turner |
| Chylanda Wood | Jessica Moore | Marcia Brown | Tia Hughes |
| Crystal Phillips | Jessie Lawrence* | Marion Monique Keeling | Tina M. Paul |
| Daijah Norris | Jewel Anderson | Mary Hicks* | Toni Thomas |
| Dana Woodson | Joy Porter | Mary Steverson* | Tonya Spruill |
| Danasha Edwards | Joyce Diggs* | Melleasenah Rountree | Tracey Hamilton |
| Daria Willis | Joyce Powell Jones* | Melody Matthews | Trakesha Jones |
| Darlene Lascano | Juanita Glover* | Monique Barnes | Treva Stokes |
| Davida Harrell-Williams | Judith Brooks-Buck* | Nancy Adams* | Trimaine Brinkley |
| Deborah Norris | Julia James | Nequa Powell | Vanessa Harris* |
| Deborah Sanford* | Kaira Smith | Nicole Austin | Vermelle T. Byrd* |
| Deborah Springs* | Kathryn Allen-Stamps | Nicole Randolph | Vicki Wiggins-Pittman |
| Denisha Jenkins | Katrina Pope | Pamela Jones-Watford | Wendy Hicks |
| | | | Yilla Smith-Harry |

* = Delta D.E.A.R.



Contributors

Newsletter Contributors/Editors: Sorors Bridgette M. Buckner (lead), Charlene Christian-Andrews, Charlette Fairchild, Sharon Slaughter, and Robin J. Whitley.

The Newsletter Subcommittee falls under the Media Relations Committee, Soror Sharon Slaughter, Chair, and Soror Erin Lawrence, Co-Chair. If there is something you would like to see featured in our chapter newsletter, let us know at sacdst64.newsletter@gmail.com.

Suffolk Alumnae Chapter Delta Sigma Theta Sorority, Inc.

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