



The Delta Download ↓

THE PRESIDENT'S PERSPECTIVE

Sisterhood is defined by Merriam-Webster as “a community or society of sisters or the solidarity of women based on shared conditions, experiences, or concerns.” As that may be an accurate description, I would add that Sisterhood is a bond of love shared by women with a common interest. This bond of love is shared by the members of the Suffolk Alumnae Chapter as we are united in the call of service to the Black community. This bond continues to strengthen with the addition of sorors new to the chapter.

Suffolk Alumnae's Sisterhood is amplified by the addition of 46 intellectual, ambitious, goal-oriented women newly initiated into our illustrious Sorority. As our ranks increase and grow, we will continue nurturing and empowering the Suffolk community with impactful programs while fostering a Sisterhood of love. Our Sisterhood is bold, courageous, compassionate, steadfast, purposeful, and innovative. We are the Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc. We are here to serve!



Welcome to the Sisterhood 46° of For22ude!!!

In the Spirit of Sisterhood,
Tina M. Paul

INTRODUCING...



SPRING '22

Tashanae Francis, **#1-Extra!! Extra!!**
Shawanee Waters, **#2-Mistress of Ceremonies**
LaNiece Lawrence, **#3-Conspiracy Theorist**
LaToya McGlone, **#4-Unstoppable 4ce**
Danasha Edwards, **#5-Center Stage**
Shawanna Stratford, **#6-Waiting to Exhale**
Sparkle Edwards, **#7-Eye Spy**
Alexis Olds, **#8-Ahead of Da Game**
Denisha Jenkins, **#9-GoodRx**
Krista Gaddist, **#10-Under New Management**
Lisa Williams, **#11-Straight Talk**
Kaira Smith, **#12-Divine Appointment**
Malita Smith, **#13-Quiet Illusion**
Candice Lewis, **#14-Urban Glitz**
Treva Stokes, **#15-Great Expectations**
Linda Smith, **#16-Thee OG**
Trakesha Jones, **#17-Unbelievable Hype**
Shonda McClure, **#18-Time of My Life**
Tracey Hamilton, **#19-Lightning McQueen**
Asia Bracey, **#20-In the Know**
Trimaine Brinkley, **#21-Mind over Matter**
Kimberly Wimbish, **#22-The Connector**
Lotoria Fowlkes, **#23-Additionally...**

Sharlay Wofford, **#24-Soulful Sound**
Daria Willis, **#25-Shipping and Handling**
April Theus, **#26-Quick Draw**
Bryce Williams, **#27-Encore**
Tabatha Ford, **#28-Lady Demure**
Daijah Norris, **#29-RED Alert**
Nequa Powell, **#30-Code RED**
Donna Richardson, **#31-The MVP**
Kristal Taylor, **#32-Still Waters**
Chylanda Wood, **#33-Dollop of Daisy**
Sierra Ashe, **#34-Life Saver**
Porsha Wilkerson, **#35-Special Delivery**
Jameka Bright, **#36-What's the 411?**
Manika Thomas, **#37-Shutterfly**
Rochelle McMorris, **#38-Just For Me**
Roniko Richardson, **#39-The North Star**
Charmaine Walker, **#40-Trilogy**
Candice Watkins, **#41-Course Corrected**
Lakeshia Caine, **#42-Make it Clear**
DeShanna Honore, **#43-Leader of the Pack**
Latesha Wade-Jenkins, **#44-Power Play**
Aaronetta Stewart, **#45-Double Take**
Aijha Liggins, **#46-Vintage Pearl**

46° OF FOR22UDE



Congratulations to my Spring '22 **SORORS**, 46° of For22ude!!! The membership intake process encompassed the nine cardinal virtues and required responsibility, accountability, mutual trust, and respect. These ladies are blessed and honored to be members of Delta Sigma Theta Sorority, Inc. and, more importantly, proud to be selected as the Spring 22 initiates of the Suffolk Alumnae Chapter. They are enjoying being called "soror" and wearing paraphernalia but are **REaDy** to work hard for Delta in the community of Suffolk.

Welcome to the Sisterhood!
Soror Davida Harrell-Williams, LMC



Visit our YouTube Channel to see the Delta Public Reveal!
<https://www.youtube.com/c/SuffolkAlumnaeChapterDST1964/videos>

SPRING '22-The First Service Project



Purses with a Purpose was the Pyramids' first service project. They donated 46 gently-used purses filled with hygiene products, children's books, and gift cards to the Genieve Shelter. On Friday, April 8, 2022, the Pyramids came together to pack the purses with the expected drop-off date of Tuesday, April 12. The Pyramids were well organized as they had coordinated four teams to carry out this mission. There was a team to shop, set up, drop off, and take pictures.

The Chapter provided \$600 so the Pyramids could shop for the hygiene products. The hygiene products consisted of: body wash, bar soap, deodorant, facial tissue, mini laundry detergent, hand sanitizer, lotion, mouthwash, toothbrushes, toothpaste, Lysol wipes, flushable wipes, sanitary napkins, tampons, ankle socks, and washcloths. The Pyramids donated the purses, books, and gift cards as this was a decision they made with a desire to do a little more for their service project.

At the end of the project, they assessed what went well and discussed areas for improvement. Overall, the project was a HUGE success!



The Membership Intake Team



Front Row: Sharon Slaughter, Gloria Spruiell, Jewel Anderson, Davida Harrell-Williams, LMC, Tina M. Paul, President, Helivi Holland, Robin Gregg-Chappell, Bridgette M. Buckner, Nicole Randolph

Back Row: Angela Hicks, Robin Edwards-Clark, Belinda S. Pitts, Vicki Wiggins-Pittman, Simone Boothe, Lonice Williams

THANK YOU

for a smooth process in bringing 46 new ladies into Delta Land!



Getting to Know You...



- 1. Be a State Delegate at the Democratic National Convention.
- 2. Successfully build and run a non-profit for teens.
- 3. Travel to top resorts/beaches around the world.

Soror Robin Jenkins Whitley
SAC, Spr. 2006



- 1. Jump from an airplane.
- 2. Sing with PENTATONIX.
- 3. Have a summer home in the Caribbean!

Soror Guinelle Trower-Koonce
SAC, Spr. 1993



- 1. Obtain my master's degree.
- 2. Ride jet skis.
- 3. Travel to Hawaii.

Soror Asia Bracey, #20
SAC, Spr. 2022



- 1. Get my health back on track & experience having a maid/cleaning lady.
- 2. Travel to Europe, Africa & Australia.
- 3. Become a Nana (but this one is not in my hands) so retire & stay busy with helping others as much as possible (within our Chapter too).

Soror Linda Smith, #16
SAC, Spr. 2022



- 1. To promote my business and see it expand.
- 2. Go on a honeymoon. I've been married for 18 years, and we never went on a honeymoon.
- 3. Live debt-free.

Soror Trakesha Jones, #17
SAC, Spr. 2022



- 1. Make a trip around the world.
- 2. Own an apartment complex.
- 3. Own a community that provides free housing for a year for single parents. During this year, my team will also provide job skills and paid training, mental health counseling, financial management tactics, mandatory savings (which will be used for a down payment if they meet all requirements), and free daycare. The goal is to help them on their path to homeownership and job stability.

Soror Candice Watkins, #41
SAC, Spr. 2022



- 1. Find a fitness routine that works for me and stick to it.
- 2. Spend a week in each of the major global cities-New York, Paris, London, and Tokyo.
- 3. Journey to the Grand Canyon.

Soror Rochelle McMorris, #38
SAC, Spr. 2022



1. Visit Blue Lagoon, Iceland.
2. Visit Africa.
3. Ride in a hot air balloon.

Soror Danasha Edwards, #5
SAC, Spr. 2022



1. Go to Fiji.
2. Go skydiving.
3. Learn to double dutch (weird, I know, but I'm a great turner, but can't jump to save my life!!!)

Soror LaNiece Lawrence, #3
SAC, Spr. 2022



1. Retire early (2027, at age 54)
2. Visit each of the "Great Wonders of the World"
3. Skydive.

Soror Treva N. Stokes, #15
SAC, Spr. 2022



1. Visit Egypt and Bora Bora.
2. Skydive.
3. Become a millionaire.

Soror Roniko (Niko) Richardson, #39
SAC, Spr. 2022



1. Become a member of the Virginia Board of Pharmacy.
2. See SAC win a regional or national award for Arts and Letters.
3. Visit Hawaii.

Soror Patricia Lynn Richards-Spruill
SAC, Spr. 1988



1. Have a safari experience in luxury spa tent in the Masai Mara in Africa.
2. Finance a college student's education (other than my own children).
3. Visit Thailand, elephant sanctuary, etc.

Soror Manika Thomas, #37
SAC, Spr. 2022



1. Obtain my Doctoral Degree.
2. Go to Africa.
3. Go to Paris.

Soror Kristal Taylor, #32
SAC, Spr. 2022



1. Get my Ph.D.
2. Travel to Dubai.
3. Win the lottery and build a huge civic center in Jamaica.

Soror Tashanae Francis, #1
SAC, Spr. 2022



1. Travel to Fiji and the surrounding islands.
2. Travel to Thailand and ride an elephant.
3. Travel to Egypt.

Soror Lotoria Fowlkes, #23
SAC, Spr. 2022



1. Develop a program that helps prepare kids for college.
2. Have financial freedom.
3. Take a trip to Africa.

Soror Denisha Jenkins, #9
SAC, Spr. 2022



Getting to Know You cont...



- 1. Obtain my doctorate in Nursing Practice.
- 2. Travel to all states in the US and internationally (this is huge for me because I don't like flying).
- 3. Overcome my fear of animals, insects, and bugs.

Soror Lakeshia Caine, #42
SAC, Spr. 2022



- 1. Learn the true history of my maternal history.
- 2. Visit Africa!
- 3. Travel to a tropical island with blue water and white sand!

Soror Tracey Hamilton, #19
SAC, Spr. 2022



- 1. Take a trip to Italy.
- 2. Go skydiving.
- 3. Run a marathon.

Soror Malita Smith, #13
SAC, Spr. 2022



- 1. Have one million dollars in my bank account.
- 2. Buy a house with an in-ground pool.
- 3. Vacation in Hawaii.

Soror Porsha Wilkerson, #35
SAC, Spr. 2022



- 1. Go skydiving.
- 2. Become an author.
- 3. Open an independent living home for teen moms.

Soror Sharlay Wofford, #24
SAC, Spr. 2022



- 1. Visit Paris.
- 2. Visit Morocco.
- 3. Ride in a helicopter.

Soror April Theus, #26
SAC, Spr. 2022



- 1. Travel to Paris.
- 2. Obtain my LCSW.
- 3. TBD-I recently obtained this achievement!

Soror Shonda McClure, #18
SAC, Spr. 2022



- 1. Register & complete my doctoral degree.
- 2. Travel to Africa & complete a good cause mission.
- 3. Grow my firm to provide more opportunities for those in need of good-paying careers.

Soror Kimberly Wimbish, #22
SAC, Spr. 2022



1. Bathe an elephant.
2. Go to Thailand.
3. Get a fish pedicure.

Soror Alexis Olds, #8
SAC, Spr. 2022



1. Travel to Greece.
2. Retire at age 45 and start a second career.
3. Buy a multi-family unit investment property.

Soror Sierra Ashe #34
SAC, Spr. 2022



1. Travel to the French Polynesian Islands.
2. Travel to the Maldives.
3. Write more.

Soror Regina McKinney
SAC, Spr. 2018



1. Own my own business.
2. Travel to the Motherland.
3. Travel to Paris.

Soror Latesha Wade-Jenkins, #44
SAC, Spr. 2022



1. Go on a safari in Africa.
2. Write a book to uplift others.
3. Become independently wealthy.

Soror Krista Gaddist, #10
SAC, Spr. 2022



1. Shoot a Gun.
2. Get married.
3. Go Scuba Diving.

Soror Sparkle Edwards, #7
SAC, Spr. 2022



1. Go skydiving.
2. Be in 2 states or countries at the same time.
3. Stand under the Eiffel Tower on my birthday.

Soror Chylanda (Chey) Wood, #33
SAC, Spr. 2022



1. Travel to France and South Africa.
2. See every state in the US.
3. Purchase a vacation home in the Caribbean.

Soror Trimaine Brinkley, #21
SAC, Spr. 2022





THAT'S MY SOROR

Meet a Delta DEAR, a reclaimed soror, and our Membership Spotlight soror.



We're Spotighting You!!
Robin L Edwards-Clark

Job/Title/Position:

Triage Supervisor/Mental Health Counselor

College/Major:

Virginia State University, BS, Recreation Therapy;
Troy State University, MPA, Concentration Education

What is your Initiation chapter/date, line number/name; line's name?

Suffolk Alumnae, April 9, 2006; #18-Xhalen; Phenomenal XXVI

What is your idea of a good time?

ANYTHING that involves living life and being free of stressful drama.

What is your most memorable moment in Delta?

April 9, 2006 when I crossed the sands into Delta land!

What committee(s) do you serve on in SAC?

First Vice President, Chairperson Program Planning and Development, Ways and Means Committee Member

What gifts are you unwrapping this year?

Leadership and program planning.

What's a favorite gift you've received?

My current vehicle on Valentine's Day (2018).

If money/time/talent were no object, what one thing would you have(I), be (I), or do(I)...

To be able to host social events every month for those that I love to get together and make more memories!



She's our DEAR!
Charlene Elizabeth Christian-Andrews

College/Major:

Virginia State University, English Education; Norfolk State University, Master's of Arts in Urban Education(Counseling); Old Dominion University, Certificate of Advanced Studies.

What is your Initiation chapter/date, line number/name; line's name?

Suffolk Alumnae Chapter, April 11, 1981; #15-Giggles

What Delta advice would you give a young soror?

Enter into the chapter ready to do Delta work!

What committee(s) do you serve on in SAC?

Courtesy and Hospitality, Media Relations, and Protocol.

What is a pet peeve of yours?

Inconsiderate, rude people.

What do you do for fun?

I am happy any time there is Old School, Reggae, and/or Chuck Brown music and line dancing with plenty of seafood and french fries!





**Welcome To SAC, Soror!
Erica Williams**



Job/Title/Position:

Educator and Realtor

College/Major:

Norfolk State
University/Interdisciplinary Studies;
Regent University/Curriculum and
Instruction;
Alpha College/Real Estate

**What is your idea of a good
time?/What do you like to do for
fun?**

Traveling, shopping, gardening,
laying on the beach reading a
book, spending time with family,
having brunch with my closest
girlfriends.

**Initiation chapter/date, line
number/name; line's name:**

Chesapeake-Virginia Beach
Alumnae, April 26, 2014,
#29/Cohesive Gem
Ph3nomenal Fus1on

**What committee(s) do you serve on
in SAC?**

Arts & Letters

What makes SAC special to you?

SAC has a welcoming spirit within
the chapter.

**Based on the theme from this year's
chapter retreat, what gifts are you
unwrapping?**

The ability to share the home-buying
process with the chapter. Also, the
resources to invite local loan officers
to future meetings and/or seminars
to discuss the home loan process.

**If money/time/talent were no object,
what one thing would you have, be,
and do?**

Be an advocate and donate endless
amounts of money to find a cure for
cancer. Visit a different part of the
world twice a year or more.

**Based on the theme from this
year's chapter retreat, what gifts
are you unwrapping this year?**

Proof-reading (yep, old school)
and assisting and supporting
whenever I can.

**If money/time/talent were no
object, what one thing would
you have, be, or do?**

Have a chauffer with a black
Maybach and a private jet to

transport me to track meets in
the United States, Europe and
Jamaica.

I would start a Pre-K to 12th Grade
school based on diversity in
history. I would hire teachers to
develop the curriculum for the
first year and they would teach
the following years. All subjects
would be based on whatever
period of history is being taught.

Students would have field trips
every month and career days
would occur every two months.

Each grade level will have a social
worker, school psychologist,
counselor, speech therapist and
an assistant principal. PTA
meetings/dinners would be held
at the school, community centers
and churches. All faculty and staff
salaries would be six figures.

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

Jeremiah 29:11, NIV



Celebrating Sorors

Happy Birthday, Sorors!



- 05/03 Malita Smith
- 05/04 Bridgette M. Buckner
- 05/04 Mary Hicks
- 05/07 Beverly Washington-Williams
- 05/15 Vermelle T. Byrd
- 05/16 Jacqueline Allen
- 05/24 Ernestine Kearney
- 05/25 Robin Whitley
- 05/27 Sparkle Edwards
- 05/27 Tenesha Hicks
- 05/27 Tia Hughes



Happy Delta Versary, Sorors!

- 1969 Judith Brooks-Buck Zeta Omicron - Bennett College
- 1996 Felicia DeLoatch Hawaii Alumnae

BEST BEHAVIOR!

Provided by the Protocol Committee



Information in Delta is fluid! Here are a few sisterly reminders about some of the DOs and DON'Ts. As Delta women, we are responsible for protecting and respecting the Brand. In regards to paraphernalia, there are vendors who may have items that aren't in compliance. They will attempt to sell it so they won't take a loss, but we should not buy it.

When writing an address on an envelope, do not use Soror. Use Ms., Mrs., Dr., etc.



When addressing a soror with multiple titles: Dr., Rev., Soror, choose one. Never use Soror Dr. Williams.



Official Sorority symbols should not be mixed with unofficial images.



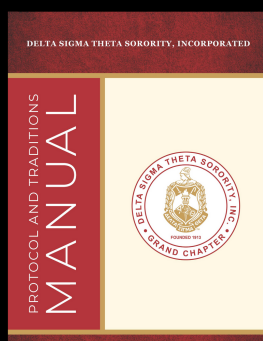
Symbols should not be used on camo, tattoos, or nail designs.



Look for this symbol when purchasing paraphernalia online. This is the sign of a licensed vendor. There is a black vendor number on the image.



Be mindful when purchasing paraphernalia, the symbols should be on red, white or black clothing ONLY.



Every member should have a copy of the Protocol & Traditions Manual. It can be purchased from the Delta Store or downloaded from the Members Only Portal on the National website.

Protocol is **NOT** personal. It is meant to **UNITE** us, **NOT DIVIDE** us.

**SECRET
SOROR!**



IT'S ALMOST TIME!

**THE BIG REVEAL IS
COMING SOON!**

June Edition

Committee Chairs, Please submit your reports highlighting the activities/projects your committee sponsored during March, April, or May. Feel free to showcase an upcoming activity for June. Submit the article by Friday, May 27, 11:59 pm.

**Quarterly Committee
Update**

Our thoughts and prayers are with you!

Please continue to pray for our sorors who have recently suffered a loss, are ill, are recovering from surgery, have been under the weather, or are facing one of life's many challenges. Those that we are aware of include:

Nicole Austin, Angela Hicks, Felicia DeLoatch, Joyce Diggs, Charlie Fairchild, Latoya Gregg, Robin Gregg-Chappell, Davida Harrell-Williams, Kimberly Hitchman, Sharon Knight, Darlene Lascano, Jessie Lawrence, Jacqueline Matthews, Melody Matthews Calloway, Tamara McBride, Belinda S. Pitts, Sharon Slaughter, Patricia Lynn Richards-Spruill, Janice Smith, Gloria Spruiell, Felita Steverson, Mary Steverson, Tina Paul, Guinelle Trower-Koonce, and Dana Woodson.

If we have omitted any names, please forgive us and let us know so we can include them next month.



Suffolk Alumnae Members

2021-2022

Aaronetta Stewart	DeShanna Honore	Kelli McCray	Patricia Richards-Spruill*
Adrienne Simmons	DeVonda Spivey	Kia Edwards	Pharnethia Jackson
Adrienne Turner	Dionna Scott	Kier Holland	Porsha Wilkerson
AijhaLiggins	Donna Richardson	Kimberly Hitchman	Regina McKinney
Alexis Olds	Doris Johnson*	Kimberly Penerton	Rhonda Peebles-Holland
Alexis Smith	Ebony Hudson	Kimberly Pitt	Robin Edwards-Clark
Angela Hicks	Echoe Edmond	Kimberly Stanley	Robin Gregg-Chappell
Anjelica Harris	Erica Williams-White	Kimberly Vincent	Robin J. Whitley
April Theus	Ericka Counts	Kimberly Wimbish	Rochelle McMorris
Aretha Porter	Erin Banks	Krista Gaddist	Roniko Richardson
Asia Bracey	Erin Lawrence	Kristal Taylor	Sandra Walton
Barbara B. Walker*	Ernestine Kearney*	LaCleder Odom	Sharlay Wofford
Belinda S. Pitts	Felicia DeLoatch	Lakeila Powell	Sharon Knight*
Betty Montgomery*	Felita Steverson	Lakeshia Caine	Sharon Slaughter
Beverly Washington-Williams	Gail Hinton-Copeland	LaNiece Lawrence	Shawanee Waters
Brenda Boston*	Gail Pulley	LaShawndra Walker	Shawn Harris
Bridgette M. Buckner	Gayle Spencer-Ridley*	Latasha Powell	Shawonna Stratford
Bryce Williams	Gina Knight	Latesha Wade-Jenkins	Shea Skinner
Camino Staton	Gloria Mizelle*	Latonya Williams	Shonda McClure
Candice Lewis	Gloria Spruiell*	LaToya Gregg	Sierra Ashe
Candice Watkins	Guinelle Trower-Koonce*	LaToya McGlone	Simone Boothe
Carolyn Mayfield*	Gwendolyn Williams	Linda Smith*	Sonia Bethea
Cassidy Lewis	Helen Lewis*	Lisa Williams	Sparkle Edwards
Catrina Uzzle	Helivi Holland	Lonice Williams	Stephanie Blue
Charlene Christian-Andrews*	Jacqueline Allen*	Lorri Banks	Tabatha Ford
Charlene Holloway	Jacqueline Matthews*	Lotoria Fowlkes	Takiyah Brown
Charlette Fairchild	Jacquelyn Lawrence*	Lula Holland*	Tamara McBride*
Charmaine Walker	Jameka Bright	Malikah Myrick	Tashanae Francis
Chassity Beads Harris	Jan Elion*	Malita Smith	Tenesha Hicks
Cherelle Mason-Harris	Janice Smith	Manika Thomas	Tess Turner
Chylanda Wood	Jessica Moore	Marcia Brown	Tia Hughes
Crystal Phillips	Jessie Lawrence*	Marion Monique Keeling	Tina M. Paul
Daijah Norris	Jewel Anderson	Mary Hicks*	Toni Thomas
Dana Woodson	Joy Porter	Mary Steverson*	Tonya Spruill
Danasha Edwards	Joyce Diggs*	Melleasenah Rountree	Tracey Hamilton
Daria Willis	Joyce Powell Jones*	Melody Matthews	Trakesha Jones
Darlene Lascano	Juanita Glover*	Monique Barnes	Treva Stokes
Davida Harrell-Williams	Judith Brooks-Buck*	Nancy Adams*	Trimaine Brinkley
Deborah Norris	Julia James	Nequa Powell	Vanessa Harris*
Deborah Sanford*	Kaira Smith	Nicole Austin	Vermelle T. Byrd*
Deborah Springs*	Kathryn Allen-Stamps	Nicole Randolph	Vicki Wiggins-Pittman
Denisha Jenkins	Katrina Pope	Pamela Jones-Watford	Wendy Hicks
			Yilla Smith-Harry



Contributors

Newsletter Contributors/Editors: Sorors Bridgette M. Buckner (lead), Charlene Christian-Andrews, Charlie Fairchild, Sharon Slaughter, and Robin J. Whitley.

The Newsletter Subcommittee falls under the Media Relations Committee, Soror Sharon Slaughter, Chair, and Soror Erin Lawrence, Co-Chair. If there is something you would like to see featured in our chapter newsletter, let us know at sacdst64.newsletter@gmail.com.

Suffolk Alumnae Chapter Delta Sigma Theta Sorority, Inc.

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YouTube [@sacdst1964](https://www.youtube.com/c/SuffolkAlumnaeChapterDST1964)

