



The Delta Download ↓

HAPPY 2022!

some motivational thoughts to start the year!

"Be the kind of person that you want people to think you are."

--Socrates

"The moment anyone tries to demean or degrade you in any way, you have to know how great you are. Nobody would bother to beat you down if you were not a threat."

--Cicely Tyson

"I'm not the next Usain Bolt or Michael Phelps ... I'm the first Simone Biles."

--Simone Biles

"Hurt me with the truth. Don't comfort me with a lie."

--Rihanna

"I don't like to gamble, but if there's one thing I'm willing to bet on, it's myself."

--Beyonce

"If you want to go fast, go alone. If you want to go far, go together."

--Anonymous

"What we do is more important than what we say or what we say we believe."

--bell hooks

"I've grown most not from victories but from setbacks. If winning is God's reward, then losing is how he teaches us."

--Serena Williams

"People will forget what you said, people will forget what you did, but people will never forget how you made them feel."

--Maya Angelou

"You can and should set your own limits and clearly articulate them. This takes courage, but it is also liberating and empowering, and often earns you new respect."

--Rosalind Brewer, CEO, Walgreens Boots Alliance

"Instead of looking at the past, I put myself ahead 20 years and try to look at what I need to do now in order to get there then."

--Diana Ross

"The moon reminds us that no matter what phase we are in, we are still whole."

--Unknown

Welcome to the Year of 22!

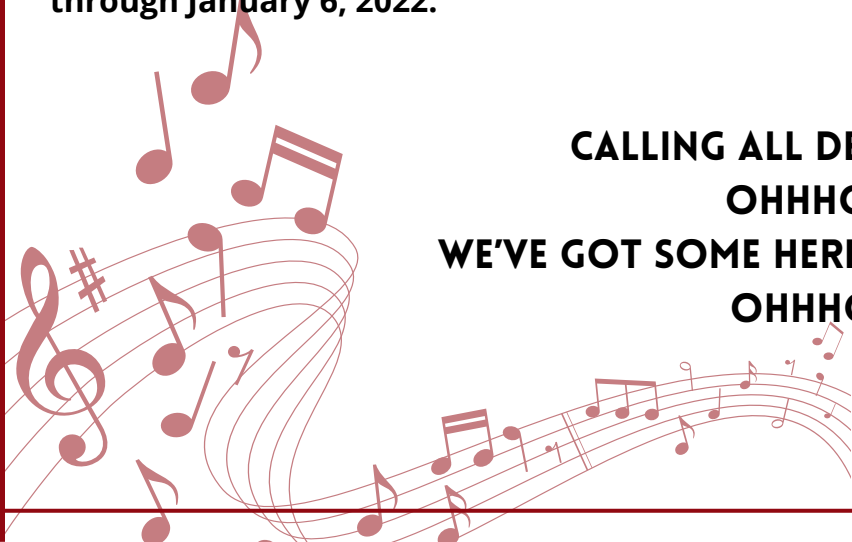
Membership Services Committee

Chair: Belinda S. Pitts, Second Vice President

Co-Chair: Bridgette M. Buckner

On January 13, 2022, when the clock strikes 7:13 pm, we will ring the bells and shine the light at the Hilton Garden Inn Suffolk, Riverfront. We invite each of you to get your grove ready, practice your steps, your strolls and wear your red as we come together to celebrate the 109th anniversary of the world's greatest sorority. We will honor the vision of the 22 college-educated women whose legacy we have vowed to carry on through service, scholarship, and sisterhood. For your entertainment, we will have DJ Lady D, and 360 Photo Booth. In addition, there will be food, drinks, dessert, cash bar, and most of all, fun and fellowship. Each attendee will have an opportunity to donate to the Chapter's J13 Scholarship Drive that will launch that day.

This event is open to all sorors. Tickets are limited and are available for purchase through January 6, 2022.



CALLING ALL DELTAS TO THE FLOOR,
OHHHOOHH DELTA,
WE'VE GOT SOME HERE, BUT WE NEED SOME MORE-
OHHHOOHH DELTA!

J13 SCHOLARSHIP DRIVE



Scholarship Committee
 Chair: Soror Ericka Counts
 Co-Chair: Soror Kimberly Pitt

J13 is our annual scholarship fundraiser that kicks off on Founders Day. The purpose of this fundraiser is to raise money to support our high school seniors entering college. The J13 kick-off starts with a countdown highlighting the Suffolk Alumnae Chapter's activities and events that have been completed over the past year encompassing the Sorority's Programmatic Thrusts. The J13 countdown is an excellent opportunity for us to showcase our chapter, so donors can see what we do in the community and for the youth; it also allows us to highlight how the youth is thriving and how supporters' contributions are being spent.

This is our second year sponsoring the J13 scholarship fundraiser, and this year there are levels of which people can donate (Crimson, Cream, Violet, and Pearl). Our goal is for people to continue to support and invest in our scholarship program so that we can continue to invest in our children, who are the promise and the future.

DONATION LEVELS:

Crimson-\$22 *(in memory of our Founders)*

Cream-\$64 *(in honor of our charter year, 1964)*

Violet-\$109 *(in honor of the # years of service for DST)*

Pearl-\$350+ *(in honor of the current membership of DST, 350k+)*

<https://www.suffolkdst.org/j13/>



Delta Sigma Theta Sorority, Inc.
Sisterhood, Scholarship, Service, and Social Action

Intelligence is the Torch of Wisdom



Delta Sigma Theta Sorority, Incorporated was founded on January 13, 1913, by 22 collegiate women at Howard University to promote academic excellence and assist those in need. Our sisterhood, comprised primarily of Black, college-educated women, thoughtfully considers the issues impacting the Black community and boldly confronts the challenges of African Americans and, hence, all Americans. The Founders of Delta Sigma Theta envisioned an organization committed to sisterhood, scholarship, service, addressing social issues. These ideals have withstood the test of time and exemplify the many programs through Delta's Five Point Programmatic Thrust. Delta Sigma Theta Sorority, Inc. continues to develop programs that address our communities' needs, and we center our work around the points of Economic Development, Educational Development, Physical and Mental Health, Political Awareness and Involvement, and International Awareness and Involvement. Delta Sigma Theta, Sorority, Inc. strives to positively impact our communities.

Since its founding, Delta Sigma Theta has become one of the preeminent service-based sororities, with more than 300,000 initiated members and over 1,000 chartered chapters worldwide. On January 13, 2022, Delta Sigma Theta Sorority, Inc. will celebrate Founders Day. Sorority sisters from all over the world will join together to recognize our organizations' many accomplishments.

Happy Founders Day to all of the women of Delta Sigma Theta Sorority, Incorporated, celebrating 109 years of sisterhood, scholarship, and service!

Soror Robin Gregg-Chappell
Heritage and Archives (Chair)



Blood Drive

First SAC Service Project of 2022



Physical & Mental Health Committee
Chair: Soror Shea Skinner
Co-Chair: Soror Pharnethia Jackson

The Suffolk community has a need! The blood bank reserve is low. When there is a need, SAC rises to the challenge. Join us on Saturday, January 29 for our first service project in 2022. Ask your family and friends to support us by donating blood. Scan the code at the bottom to make an appointment.

DONATE BLOOD SAVE LIFE



BLOOD DONATION CAMPAIGN

SATURDAY, JANUARY 29, 2022
10AM - 3 PM

VENUE: Greater First Baptist Church Orlando
600 Factory St, Suffolk, VA 23434

Organizer:
Suffolk Alumnae Chapter of
Delta Sigma Theta Sorority Inc.



@SACDST1964

For more information, please visit www.suffolkdst.org

1st ANNUAL CREATIVE ART CONTEST

“THE IMAGINATION OF THE FUTURE”



Arts & Letters Committee

Chair: Soror Patricia Lynn Richards-Spruill

Co-Chair: Soror Felita Steverson

SAC Arts and Letters Committee is excited to announce its 1st Annual Creative Art Contest for 2022. The theme is entitled: Creative Art -“The Imagination of the Future,” in which artists’ interpretation and depiction of their vision for the future, can be revealed through creative artwork in an artistic form that re-enlighten trends and technology of today.

Arts and Letters invites entries from artists (including photography and digital art) that are middle and high school students in Suffolk Public Schools grades 6-12, to apply to this competition by submitting their best representational or abstract, acrylic, landscape, portraits, still life, painting, sculpture, commercial, fantasy, airbrush, drawings, photography, etc. The deadline to apply to this art contest is January 7, 2022, and all artwork is due on January 13, 2022.



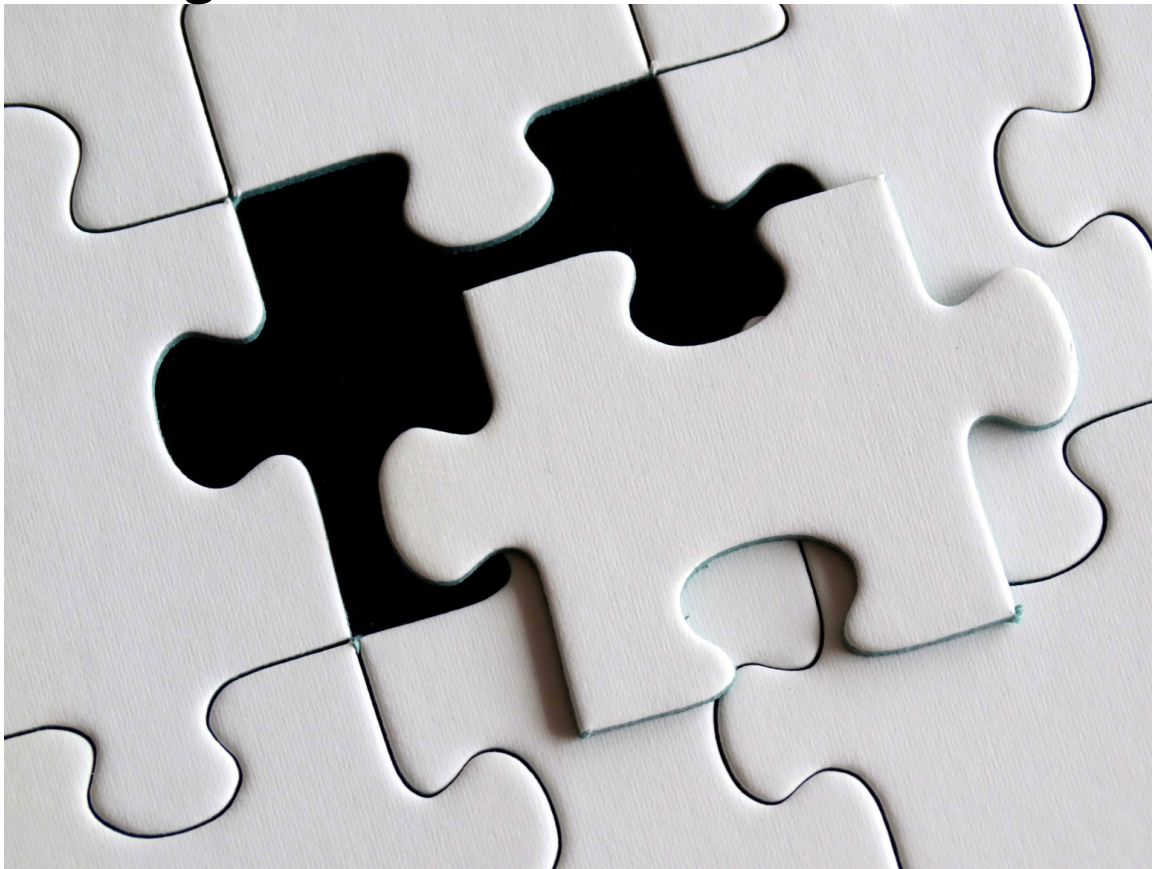
The Arts and Letters Committee is asking for all sorors of SAC to come out and join us at East Suffolk Recreation Center on Friday, January 14, 2022 (4 pm-8 pm) and Saturday, January 15, 2022 (10 am-12 pm) to view exhibits and cast your vote to select the middle school and high school winners.

In addition to the above, a monetary gift will be presented to the winners. All participants will receive a certificate. Winners and participants will be recognized publicly in a unique way by Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc. during May Week, and art exhibits will be showcased on the SAC website (suffolkdst.org).

Calling all SAC sorors!!! Cast your vote on the specified days. Make a choice. Let your voice be heard ---- VOTE!!! A ballot will be provided to all SAC members to complete. The Arts and Letters Committee looks forward to another successful event, as we continue to strive and promote cultural awareness in our community.



While **Membership Intake** is going on, we need every **chapter member to unwrap her gifts** to keep chapter programs and activities running.



Every **chapter member** is an **essential** piece of the puzzle for SAC's success! Ask a committee chair how you can assist!

THAT'S MY SOROR

Meet a Delta DEAR, a reclaimed soror, and our Membership Spotlight soror.



**She's our DEAR!
Sharon Knight**



What committee(s) do you serve on in SAC?

Hospitality and Membership Services Committees

What Delta advice would you give a young soror?

Keep learning about Delta because it is always changing and evolving.

Based on the theme from this year's chapter retreat, what gifts are you unwrapping this year?

Support the chapter in its endeavors.

What is a pet peeve of yours?

People not being acknowledged when entering a room.

What do you do for fun?

I like to cook and work in my flower beds.

If money/time/talent were no object, what one thing would you have, be, or do?

HAVE: I would have a Beach House for my family. **DO:** I would purchase property for Suffolk Alumnae to have a Chapter House/building of their own to have meetings and activities!

College/Major:

North Carolina A&T State University, B.S. Early Childhood Ed; Old Dominion University, Ms. Ed

What is your Initiation chapter/date, line number/name; line's name?

Suffolk Alumnae Chapter, Spring 2001, # 4-Purple Heart



**We're Spotighting You!!
Bridgette Maria Buckner**

Job/Title/Position:

Stay-at-home mom and Homeschool parent

College/Major:

Spelman College, BS in Computer Science; Auburn University, MS in Computer Engineering

What is your idea of a good time?

I love to play board and card games, bowl and watch the Game Show Network. I also enjoy going to plays/musicals and listening to live music!

My all-time favorite activity is sitting on the beach soaking up the sun!

What is your Initiation chapter/date, line number/name; line's name?

Auburn Alumnae Chapter, April 24, 1996; #2 EverReady; The Nine Divine Divas Dipped in Crimson and Cream

What committee(s) do you serve on in SAC?

Protocol, Chair; Membership Services, Co-Chair; Program, Planning & Development; Policies & Procedures; Media Relations



Welcome Back, Soror!
Chassity Myrisha
Beads Harris



Job/Title/Position:
 Special Educator

College/Major:
 Morgan State University-
 BA-sociology
 University of Md Baltimore
 County- MA- Education

What is your idea of a good time?/What do you like to do for fun?

I like to travel, fish, hike, bowl, cardio drum, and do anything outdoors. Pretty much anything that will put a smile on my face or make me laugh.

Initiation chapter/date, line number/name; line's name:
 Baltimore County Alumnae; April 28, 2002; Rudy#3 of The Faithful 58

What committee(s) do you serve on in SAC?
 None as of yet

What makes SAC special to you?

I love the Suffolk community- so family oriented and the people are kind. SAC was available to the community during the middle of the pandemic and that spoke volumes to me.

Based on the theme from this year's chapter retreat, what gifts are you unwrapping?

Where ever my skill sets can be used.

If money/time/talent were no object, what one thing would you have, be, and do?

Have: put into action running errands for the elderly, **Be:** a singer, **Do:** go to Africa.

What is your most memorable moment in Delta?

The night I was initiated into the sisterhood, I was so full and emotional that I cried during the entire ceremony. The Leader of the Minvera Circle said she was officially changing my name from "EverReady" to "Weeping Willow"!



Based on the theme from this year's chapter retreat, what gifts are you unwrapping?

Using my gifts of administration and creativity on all of the committees I serve on.

If money/time/talent were no object, what one thing would you have, be, and do?

HAVE: a house in Hawaii with my husband and 6 kids. **BE:** a successful owner of a family-centered bowling alley; **DO:** attend Broadway plays every week.



Celebrating Sorors

Happy Birthday, Sorors!

01/01 DeVonda Spivey
 01/01 Kim Stanley
 01/04 Kelli McCray
 01/08 Shea Skinner
 01/10 Chassity Beads Harris



01/10 Kimberly Penerton
 01/14 LaTonya Williams
 01/22 Jan Elion
 01/29 Cassidy Lewis
 01/29 Gayle Spencer-Ridley
 01/30 Lula Holland

NEW YEAR... *New You!*

Happy New Year, Soror!
 Many of us use the new year to start afresh! Start something new in your life that will motivate you to follow your dreams and reach for your goals! Do you have a personal mantra or an affirmation? If not, use this to create your own daily affirmation!

CREATE YOUR OWN *Affirmation*

FIRST LETTER OF FIRST NAME

A-J: I release K-R: I let go of S-Z: I free myself from

YOUR ZODIAC SIGN

Capricorn: my fears	Cancer: my doubts
Aquarius: my heartaches	Leo: my obstacles
Pisces: my difficulties	Virgo: my stress
Aries: my worries	Libra: my troubles
Taurus: my concerns	Scorpio: hesitations
Gemini: my negativity	Sagittarius: my problems

LAST DIGIT OF YOUR BIRTH YEAR

0-3: and welcome abundance and prosperity.
 4-6: and embrace joy and love.
 7-9: and make room for new opportunities.



Upcoming Events



- Jan 6:** Chapter Meeting
- Jan 7-8:** Statewide Founders Day
- Jan 13:** Chapter's Founders Day Celebration
- Feb 19:** Black History Extravaganza
- May 7:** May Week



Unwrapping Your Gift

Soror, do you have a gift for writing, formatting documents, or sharing information? If so, we NEED you! The newsletter subcommittee is looking for a few more sorors to assist with the monthly publication. Contact Soror Sharon Slaughter if you are interested.

Our thoughts and prayers are with you!

Please continue to pray for our sorors who have recently suffered a loss, are ill, recovering from surgery, have been under the weather, or are facing one of life's many challenges. Those that we are aware of include:

Felicia DeLoatch, Joyce Diggs, Robin Gregg-Chappell, Davida Harrell-Williams, Sharon Knight, Darlene Lascano, Jacqueline Matthews, Melody Matthews Calloway, Tamara McBride, Belinda S. Pitts, Sharon Slaughter, Patricia Lynn Richards-Spruill, Jancie Smith, Gloria Spruiell, Tina Paul, Guinelle Trower-Koonce, and Dana Woodson

If we have omitted any names, please forgive us and let us know so we can include them next month.



Suffolk Alumnae Members

2021-2022

Adrienne Simmons	Gail Hinton-Copeland*	Lorri Banks
Adrienne Turner	Gail Pulley	Lula Holland*
Alexis Smith	Gayle Spencer-Ridley*	Malikah Myrick
Angela Hicks	Gina Knight	Marcia Brown
Anjelica Harris	Gloria Mizelle*	Marion Monique Keeling
Aretha Porter	Gloria Spruiell*	Mary Hicks*
Barbara B. Walker*	Guinelle Trower-Koonce*	Mary Steverson*
Belinda S. Pitts	Gwendolyn Williams	Melleasenah Rountree
Betty Montgomery*	Helen Lewis*	Melody Matthews
Beverly Washington-Williams	Helivi Holland	Monique Barnes
Brenda Boston*	Jacqueline Allen*	Nancy Adams*
Bridgette M. Buckner	Jacqueline Matthews*	Nicole Austin
Camino Staton	Jacquelyn Lawrence*	Nicole Randolph
Carolyn Mayfield*	Jan Elion*	Pamela Jones-Watford
Cassidy Lewis	Janice Smith	Patricia Richards-Spruill*
Catrina Uzzle	Jessica Moore	Pharnethia Jackson
Charlene Christian-Andrews*	Jessie Lawrence*	Regina McKinney
Charlene Holloway	Jewel Anderson	Rhonda Peebles-Holland
Charlette Fairchild	Joy Porter	Robin Edwards-Clark
Chassity Beads Harris	Joyce Diggs*	Robin Gregg-Chappell
Cherelle Mason-Harris	Joyce Powell Jones*	Robin J. Whitley
Crystal Phillips	Juanita Glover*	Sharon Knight*
Dana Woodson	Judith Brooks-Buck*	Sharon Slaughter
Darlene Lascano	Julia James	Shawn Harris
Davida Harrell-Williams	Kathryn Allen-Stamps	Shea Skinner
Deborah Norris	Katrina Pope	Simone Boothe
Deborah Sanford*	Kelli McCray	Sonia Bethea
Deborah Springs*	Kia Edwards	Stephanie Blue
DeVonda Spivey	Kier Holland	Takiyah Brown
Dionna Scott	Kimberly Hitchman	Tamara McBride*
Doris Johnson*	Kimberly Penerton	Tenesha Hicks
Ebony Hudson	Kimberly Pitt	Tess Turner
Echoe Edmond	Kimberly Stanley	Tia Hughes
Erica Williams-White	Kimberly Vincent	Tina M. Paul
Ericka Counts	LaCleder Odom	Toni Thomas
Erin Banks	Lakeila Powell	Tonya Spruill
Erin Lawrence	LaShawndra Walker	Vanessa Harris*
Ernestine Kearney*	Latasha Powell	Vermelle T. Byrd*
Felicia DeLoatch	Latonya Williams	Vicki Wiggins-Pittman
Felita Steverson	LaToya Gregg	Wendy Hicks
	Lonice Williams	Yilla Smith-Harry

* = Delta D.E.A.R.

122 financial members



Contributors

Newsletter Contributors/Editors: Sorors Bridgette M. Buckner (lead), Charlene Christian-Andrews, Charlie Fairchild Sharon Slaughter, and Robin J. Whitley.

The Newsletter Subcommittee falls under the Media Relations Committee, Soror Sharon Slaughter, Chair, and Soror Erin Lawrence, Co-Chair. If there is something you would like to see featured in our chapter newsletter, let us know at sacdst64.newsletter@gmail.com.

Suffolk Alumnae Chapter Delta Sigma Theta Sorority, Inc.

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 YouTube [@sacdst1964](https://www.youtube.com/c/SuffolkAlumnaeChapterDST1964)

