



Suffolk (VA) Alumnae Chapter
Delta Sigma Theta Sorority, Inc.
DEC. 2021 | ISSUE 13



The Delta Download ↓

THE PRESIDENT'S PERSPECTIVE

Sorors, Thank you for allowing me to represent the Suffolk Alumnae Chapter at the 55th National Convention in Atlanta, Georgia. It was indeed an honor and a great learning experience for me. To witness the induction of six brilliant, powerful and beautiful women as Honorary Members is an experience I will never forget. I also had the privilege to witness our sorority maneuver the challenges and successfully conduct a hybrid national convention, something that had never been done before. Delta Sigma Theta Sorority, Inc. is by far the best sorority for many reasons, mainly because we are cutting edge and fierce in all that we do.



Our Immediate Past National President, Beverly E. Smith, and Executive Board Members did an amazing job leading our illustrious sisterhood during such a challenging time. However, I am sure you are just as excited as I am to witness our Sorority's astounding accomplishments under the leadership of newly elected National President Cheryl A. Hickmon; National First Vice President Elsie Cooke-Homes; and National Second Vice President DeeDee Kong. I am hopeful, this talented trio of women will continue to lead Delta toward greatness.

As for Suffolk Alumnae, we got our fiscal year off to a strong start. Let's keep the momentum going, Sorors, as we all continue to discover, unwrap, and contribute our gifts to the chapter as we strive to be a blessing to others. Collectively, members of the Suffolk Alumnae Chapter are a pillar of the communities in the City of Suffolk, Virginia. As a chapter, let's continue to endeavor for excellence as we prepare to celebrate the 109th Anniversary of our beloved sisterhood. Let's demonstrate our Fortitude!!

In the Spirit of Sisterhood,

Tina M. Paul



Quarterly Committee Highlights Edition



LIGHTS, CAMERA

SUFFOLK ALUMNAE

of Delta Sigma Theta

ARTS AND LETTERS

SOUTH ATLANTIC REGIONAL AWARD



Congratulations to Arts & Letters on an exciting year for 2021!

Arts & Letters recently received the South Atlantic Regional Award for 2021 for their creativeness and innovative ideas through events and activities they sponsored during the year. The award was announced in October 2021 at the South Atlantic Regional Conference. Media Relations worked tirelessly with Arts & Letters for their virtual events and the submission of the application.

In the weeks leading up to Arts & Letters applying for The South Atlantic Regional Award, Arts & Letters and Media Relations met to lay out their vision. They shared their ideas collaboratively and collectively on which events/activities to use for submission. These activities included the 3rd Annual Black History Extravaganza, which highlighted events to include sorors from Richmond Alumnae and Prince George Alumnae Chapters, our own SAC Delta Book Author, participation from our EMBODI young men, art, dance, music, and lots more. It also highlighted the Red Carpet Event - Ma Rainey's Black Bottom: Salute to Chadwick Boseman (Parts 1 and 2), and an Essay Contest. Arts & Letters collaborated with Membership Services, EMBODI, and May Week for other submitted activities.

MEMBER, ACTION

ALPHA KAPPA CHAPTER

Theta Sorority, Inc.



MEMBERS 2021 WINNER

SOUTH ATLANTIC REGION - VIRGINIA



Recently, Arts & Letters partnered with Program Planning and Development in a "Community Clean-Up" event on Saturday, October 30, 2021, for a fun day of removing trash and debris, sending the message that we take pride in our city and want it to be litter-free!

The members of SAC Arts and Letters are as follows: Soror Patricia Lynn Richards-Spruill (Chair), Soror Joyce Diggs, Soror Tia Hughes, Soror Joyce Powell Jones, Soror Felita Steverson (Co-Chair), Soror Toni Thomas, Soror Latonya Williams, and Soror Lonice Darden-Williams.



Arts & Letters continues to strive and promote cultural awareness; while impacting our community and upholding the values for which our organization was founded. We look forward to another exciting chapter year, showcasing an Art Work contest, Red Carpet Event, and the 4th Annual Black History Extravaganza.

GOTV

COMMUNITY CALL TO ACTION

Social Action Committee

Chair: Soror Nicole Randolph

Co-Chair: Soror Robin Whitley

Our SACDST Get Out the Vote (GOTV) Community Call to Action on October 30th was a huge success, thanks to the amazing women of the National Coalition on Black Civic Participation who funded the entire event. With over 38 volunteers who came together at Greater First Baptist-Orlando Church to phonebank and canvas the South Suffolk community, we reached over 300 Black voters and made 452 calls. Although the outcome in Virginia was dismal, Suffolk voters came out to the polls! Their voting resulted in Delegate Clinton Jenkins retaining his seat in the 76th House District and Narendra Pleas making history, becoming the first female and the first African American to be elected Commonwealth Attorney in Suffolk. Overall, our event hit our target of reaching Black Voters, and we put money in the pockets of five small black-owned businesses by hiring them to service our event. We are grateful for the opportunity and look forward to working with this national organization in the future. On another note, we are gearing up for Delta Days at the General Assembly and planning a possible two-day hybrid event that will include leadership workshops.



PHOTOGRAPHY

Black Health Series



Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc. presents

2021 BLACK HEALTH SERIES

ALZHEIMER'S 10 WARNING SIGNS

Saturday, November 13, 2021
1 P.M. - 2 P.M.

Guest Speaker
Ms. Alisa Reed-Lofton
Diversity and Inclusion Manager,
Alzheimer's Association Southeastern
Virginia Chapter

Join Us on
f LIVE
Suffolk Alumnae FB page

Join Us on
YouTube LIVE!
Suffolk Alumnae YouTube Channel

SIGN - IN
PROGRAM
SIGN - IN

Follow or Like Us
f t i
@SACDST1964

For more information, please us at www.suffolkdst.org

Physical & Mental Health Committee

Chair: Soror Shea Skinner

Co-Chair: Soror Pharnethia Jackson

The Physical & Mental Health Committee hosted another installment of the virtual Black Health Series entitled "Alzheimer's 10 Warning Signs" on Saturday, November 13. The guest speaker, Alisa Reed-Lofton, MA, Diversity and Inclusion Manager from the Alzheimer's Association, Southeastern Virginia Chapter, provided valuable and pertinent information to the public regarding Alzheimer's as well as helpful resources. If you missed this informative presentation, you can view it on the chapter's YouTube channel at <https://www.youtube.com/c/SuffolkAlumnaeChapterDST1964>.

Program Planning & Development

Chair: Soror Robin Edwards-Clark, First Vice President

Co-Chair: Soror Kimberly Vincent

Program Planning & Development started the year serving the community by giving away 145+ backpacks filled with school supplies in the "Back to School Supply Drive-by" on Saturday, September 18 at Greater First Baptist Church-Orlando. After leaving the church parking lot, chapter members took the school supply bags to the Pee Wee Football Games at John F. Kennedy Middle School and Peanut Park. There, members distributed school supply bags to the players and children on the sidelines!!



BACKPACK GIVEAWAY





'Tis the season to be thankful and serve those in need! On November 20, SACDST kicked off our annual Holiday Food Donation Event by partnering with our local Salvation Army. We began by circulating event flyers on our social media platforms more than a month before the donation drive. Other interested organizations and community volunteers reached out to lend a hand to help us put a dent in alleviating food insecurities in Suffolk. In two hours, we filled to the brim nine huge industrial rolling bins and made a two hundred dollar donation to help purchase additional food items. These canned food donations come at a critical time when the economy is elevated, and the supply chain has been slowed down to a snail's pace. The items collected will be distributed in boxes for the elderly population of our community. We came together for a purpose, met some new friends, had fun, and realized how far our donations will go throughout the community. In addition, the convenience of having our collection and donation spot at the same location was easy for everyone involved! Next year, we hope to collect more food to help our community thrive!

FOOD DRIVE



Sister-to-Sister

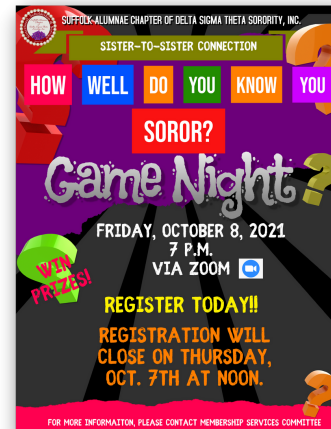
CONNECTIONS

Chair: Belinda S. Pitts, Second Vice President
Co-Chair: Bridgette M. Buckner

Membership Services Committee kicked off the 2021-2022 Sorority year on Saturday, August 28, 2021, with a virtual roundup and retreat on Zoom entitled "Unwrapping Your Gifts". Each of the 84 sorors who registered received a special box of snacks, personalized bottled water, a pearl lanyard to wear with her face mask, a multi-purpose Delta pen, and a retreat booklet to help her navigate and participate in the retreat. This 4-hour event was packed with fun and games, sisterly love and support, and a charge to sorors to unwrap their gifts and talents to continue doing Delta work for the chapter and the community. Based on the survey, all of the sorors in attendance left with a refreshed sense of sisterhood and excited to start the Sorority year.



It is great to belong to a growing chapter where new and reclaimed members call Suffolk Alumnae their home. With that, Membership Services planned a Sister-to-Sister Connection event, "Getting To Know You", where 40 chapter members joined the Zoom call on Friday, October 8. Through ice breakers and other games, chapter members got to know each other more personally.



To acclimate those new members of "Who SAC is and how to work in SAC", a New Members Orientation was held on Sunday, November 7 at 3:00 pm. Each SAC committee presented an engaging Powerpoint slideshow showcasing the work they have done or plan to do. This allowed the new members to ask questions and decide on how they wanted to contribute to the chapter's success through committee involvement.



Another way to provide sisterly connection and engagement, 47 chapter members signed up to participate in the year-long Secret Soror gift exchange. Each soror is secretly paired up with another soror who buys a birthday, Christmas, and DeltaVersary gift. She also blesses her with 2 "Expressions of Love". These are the minimum requirements to participate in the activity; however, many sorors go above and beyond showing their Delta love!

Lastly, the Adopt-a-Dear activity pairs the chapter's 33 Delta DEARS with other chapter members to ensure the DEARS are staying connected with the chapter, especially in this virtual age. Chapter members check in and on the DEARS to ensure they have what they need for chapter meetings and events and their day-to-day activities. To date, both the Secret Soror gift exchange and the Adopt-a-Dear activities have been going well.



DELTA SIGMA THETA SORORITY, INC.

Celebrating

Joy in our SISTERHOOD
Power in our VOICE
Service in our HEART



NATIONAL Convention

ATLANTA, GEORGIA
November 19-22, 2021



Kathryn Allen-Stamps, Bridgette M. Buckner, Robin Edwards-Clark, Belinda S. Pitts, Tina M. Paul



Jan Elion, Belinda S. Pitts



Honorary Members
DELTA SIGMA THETA SORORITY, INC. NATIONAL Convention



The Justice League

Michelle J. Howard, The Admiral; Abby Phillip, The Anchor; Joy-Ann Reid, The Analyst; Ambassador Shabazz, The Ambassador; Collette V. Smith, The Athlete; Ledisi, The Artist



THAT'S MY SOROR

Meet a Delta DEAR, a reclaimed soror, and our Membership Spotlight soror.



She's our DEAR!
Patricia Lynn Richards-Spruill

College/Major:

Howard University-BS in Pharmacy;
APHA-Certified Immunizer,
CPR trained

What is your Initiation chapter/date, line number/name; line's name?

Suffolk Alumnae Chapter, Spring 1988, # 1 (my line was tallest to shortest and we didn't have individual line names), The Noble Nine



What committee(s) do you serve on in SAC?

Arts and Letters, Chair;
Nominating, Physical & Mental Health, and Social Action

What Delta advice would you give a young soror?

Remember it is great going into discussion on a motion to have and express your opinion. However, once the motion is carried, it is the chapter opinion at that point and the work of Delta needs to be done.

Based on the theme from this year's chapter retreat, what gifts are you unwrapping this year?

Thinking outside the box and continuing to work for the good of SAC.

What is a pet peeve of yours?

Receiving poor customer service.

What do you do for fun?

I enjoy reading, going to the theater and movies, and visiting friends and family (of course COVID has limited that).

If money/time/talent were no object, what one thing would you have, be, or do?

HAVE: a horse and stable (of course get riding lessons); **BE:** the owner of a multiplex movie theater attached to a restaurant. There would be three different movies in three different theaters (one for adults, one for teens, and one for children that would be complete with babysitters), **DO:** rent an entire cruise ship and invite all my family and friends!



We're Spotighting You!!
Nicole Elizabeth Randolph

Job/Title/Position:

System Administrator for Sentara Healthcare

College/Major:

Old Dominion University- Bachelor of Science in Business Administration majoring in Information Technology. Liberty University-Master of Science in Information Systems studying Information Assurance

What is your idea of a good time?

I love having a couple of drinks and listening to music with my

friends and family.

What is your Initiation chapter/date, line number/name; line's name?

Suffolk Alumnae Chapter, April 8, 2018; #27-Simplicity; 28 DSTinct Forces of Vitality

What committee(s) do you serve on in SAC?

Too many! I am the Social Action Chair. I serve as a committee member on Arts and Letters, Protocol, Membership Services, Media Relations, and Heritage & Archives.



Welcome Back, Soror!
Latasha Powell-Mason



Job/Title/Position:

Victim Services Assistant Director

College/Major:

Elizabeth City State University-
BS Criminal Justice
Norfolk State University-
MA Criminal Justice/Management
and Planning

What is your idea of a good time?

Spending time with family,
traveling, reading, dancing and
riding ATVs

**Initiation chapter/date, line
number/name; line's name:**

Delta Chi; April 17, 1997; #20-The
What; The Resurrection

**What committee(s) do you serve
on in SAC?**

Membership Services

What makes SAC special to you?

As I recall my first visit to SAC, I remember being elated with the amount of love and compassion that filled the room. When I left the meeting, I knew SAC was the place for me. I felt I was amongst family and I was finally home. SAC is the epitome of sisterhood and has given me a renewed spirit to serve with a purpose.

Based on the theme from this year's chapter retreat, what gifts are you unwrapping?

I am unwrapping my gifts of innovation and collaboration wherever they are needed.

If money/time/talent were no object, what one thing would you have, be, and do?

Have: my own island, **Be:** a philanthropist, **Do:** travel domestically and internationally more frequently

What is a favorite gift you've received?

When my parents bought me my first set of REAL pearls earlier this year I actually cried.

What is your most memorable moment in Delta?

I will never forget my first Regional Conference feeling so full from the entire conference and just being in awe. At that conference, I truly discovered my love for Delta.



Based on the theme from this year's chapter retreat, what gifts are you unwrapping?

I would say using my talent with technology I do as best as I can to share with the chapter via Media Relations. Being Social Action Chair, I want to use more of my gift of organizing to put together Suffolk Delta Days one day!

If money/time/talent were no object, what one thing would you have, be, and do?

HAVE: a restaurant/lounge that hosted intimate concerts with well-known artists. **BE:** a world traveler, **DO:** I would absolutely LOVE to open a S.T.E.M school in Suffolk. That is literally one of my biggest dreams.



Celebrating Sorors

Happy Birthday, Sorors!

- 12/03 Felita Steverson
- 12/08 Nancy Adams
- 12/10 Jacqueline Matthews
- 12/27 Deborah Springs



Happy Delta Versary, Sorors!



- | | | |
|------|-------------------------|---------------------------------------|
| 1969 | Doris L. Johnson | Epsilon Alpha - Delaware State Univ. |
| 1973 | Gloria Johnson-Spruiell | Alpha Beta - Fisk Univ. |
| 1982 | Darlene Lascano | Eta Tau - Virginia Commonwealth Univ. |
| 1988 | Echoe Edmond | Eta Tau - Virginia Commonwealth Univ. |
| 1996 | Kathryn Allen-Stamps | Alpha Omega - Washington Univ. |

Upcoming Events



- Dec 18:** Delta DEAR Holiday Luncheon
Jan 7-8: Statewide Founders Day
Jan 8: Call for Nominations
 Chapter Officers
Jan 13: Founders Day Celebration
Feb 19: Black History Extravaganza
May 7: May Week



Unwrapping Your Gift

Soror, do you have a gift for writing, formatting documents, or sharing information? If so, we NEED you. The newsletter subcommittee is looking for a few more sorors to assist with the monthly publication. Contact Soror Sharon Slaughter if you are interested.

Our thoughts and prayers are with you!

Please continue to pray for our sorors who have recently suffered a loss, are ill, recovering from surgery, have been under the weather, or are facing one of life's many challenges. Those that we are aware of include:

Felicia DeLoatch, Joyce Diggs, Robin Gregg-Chappell, Davida Harrell-Williams, Sharon Knight, Darlene Lascano, Jacqueline Matthews, Melody Matthews Calloway, Tamara McBride, Belinda S. Pitts, Sharon Slaughter, Patricia Lynn Richards-Spruill, Jancie Smith, Gloria Spruiell, Guinelle Trower-Koonce, and Dana Woodson

If we have omitted any names, please forgive us and let us know so we can include them next month.



Suffolk Alumnae Members

2021-2022

Adrienne Simmons	Gail Hinton-Copeland*	Lorri Banks
Adrienne Turner	Gail Pulley	Lula Holland*
Alexis Smith	Gayle Spencer-Ridley*	Malikah Myrick
Angela Hicks	Gina Knight	Marcia Brown
Anjelica Harris	Gloria Mizelle*	Marion Monique Keeling
Aretha Porter	Gloria Spruiell*	Mary Hicks*
Barbara B. Walker*	Guinelle Trower-Koonce*	Mary Steverson*
Belinda S. Pitts	Gwendolyn Williams	Melleasenah Rountree
Betty Montgomery*	Helen Lewis*	Melody Matthews
Beverly Washington-Williams	Helivi Holland	Monique Barnes
Brenda Boston*	Jacqueline Allen*	Nancy Adams*
Bridgette M. Buckner	Jacqueline Matthews*	Nicole Austin
Camino Staton	Jacquelyn Lawrence*	Nicole Randolph
Carolyn Mayfield*	Jan Elion*	Pamela Jones-Watford
Cassidy Lewis	Janice Smith	Patricia Richards-Spruill*
Catrina Uzzle	Jessica Moore	Pharnethia Jackson
Charlene Christian-Andrews*	Jessie Lawrence*	Regina McKinney
Charlene Holloway	Jewel Anderson	Rhonda Peebles-Holland
Charlette Fairchild	Joy Porter	Robin Edwards-Clark
Chassity Beads Harris	Joyce Diggs*	Robin Gregg-Chappell
Cherelle Mason-Harris	Joyce Powell Jones*	Robin J. Whitley
Crystal Phillips	Juanita Glover*	Sharon Knight*
Dana Woodson	Judith Brooks-Buck*	Sharon Slaughter
Darlene Lascano	Julia James	Shawn Harris
Davida Harrell-Williams	Kathryn Allen-Stamps	Shea Skinner
Deborah Norris	Katrina Pope	Simone Boothe
Deborah Sanford*	Kelli McCray	Sonia Bethea
Deborah Springs*	Kia Edwards	Stephanie Blue
DeVonda Spivey	Kier Holland	Takiyah Brown
Dionna Scott	Kimberly Hitchman	Tamara McBride*
Doris Johnson*	Kimberly Penerton	Tenesha Hicks
Ebony Hudson	Kimberly Pitt	Tess Turner
Echoe Edmond	Kimberly Stanley	Tia Hughes
Erica Williams-White	Kimberly Vincent	Tina M. Paul
Ericka Counts	LaCleder Odom	Toni Thomas
Erin Banks	Lakeila Powell	Vanessa Harris*
Erin Lawrence	LaShawndra Walker	Vermelle T. Byrd*
Ernestine Kearney*	Latasha Powell	Vicki Wiggins-Pittman
Felicia DeLoatch	Latonya Williams	Wendy Hicks
Felita Steverson	LaToya Gregg	Yilla Smith-Harry
	Lonice Williams	



Contributors

Newsletter Contributors/Editors: Sorors Bridgette M. Buckner (lead), Charlene Christian-Andrews, Gayle Spencer-Ridley, Sharon Slaughter, and Robin J. Whitley.

The Newsletter Subcommittee falls under the Media Relations Committee, Soror Sharon Slaughter, Chair, and Soror Erin Lawrence, Co-Chair. If there is something you would like to see featured in our chapter newsletter, let us know at sacdst64.newsletter@gmail.com.

Suffolk Alumnae Chapter Delta Sigma Theta Sorority, Inc.

P.O. Box 3367 Suffolk, VA 23439-3367

WEB: <https://www.suffolkdst.org/> email: sacvdst64@gmail.com

YouTube [@sacdst1964](https://www.youtube.com/c/SuffolkAlumnaeChapterDST1964)

