

# THE DELTA DOWNLOAD



The monthly newsletter of the  
Suffolk (VA) Alumnae Chapter of Delta Sigma Theta Sorority, Inc.



## THE PRESIDENT'S PERSPECTIVE

*Greetings Soror,*

*As we conclude the celebration of Sisterhood Month, let's reflect on how special our sisterhood is and the role it plays in our everyday lives. I'm sure you can agree that you have met and bonded with some exceptional women as a result of becoming a Delta. Some of these extraordinary women are probably now a part of your extended family.*

*It's amazing how God smiles upon us and places people in our lives for various seasons. Cherish every moment spent talking, laughing, reminiscing, shopping, and fellowshiping with your special Soror(s). She is a blessing in the form of a Delta Woman.*

*The blessing of line sisters is truly unexplainable. Line sisters are invaluable jewels. Let your line sister(s) know how much you value the bond you all share. As time is not promised to us, let's share the spirit of love and giving every opportunity we get.*

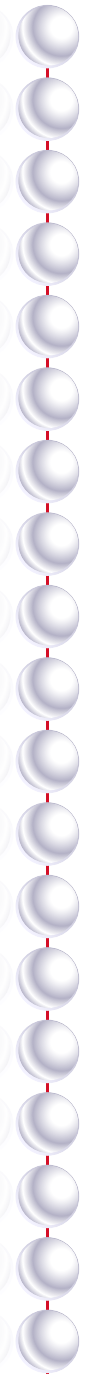
*To the many Sorors celebrating a Delta Anniversary, Happy Deltaversary. Enjoy Soror!!*

*Tina M. Paul*



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## THINKING ABOUT YOU

Provided by Membership Services

Each week during the month of March the Membership Services Committee showed love by randomly picking a Soror to bless with a gift. We hope that this act of sisterly love brought joy to everyone. For when your Sister is blessed, you too are blessed. If your name was not selected, keep watching, because the sharing of love did not end with the month of March. These random acts of kindness will continue throughout the entire year. Remember the random gift that was given "just because it was a beautiful day"? Membership Services will continue to give those "just because" gifts. We want you all to experience the Joy of Sisterhood not just during Sisterhood Month but all the time. Remembering the words the Lord Jesus himself said: "It is more blessed to give than to receive." (Acts 30:35b)

Violets & Pearls,  
Your Membership Services Committee



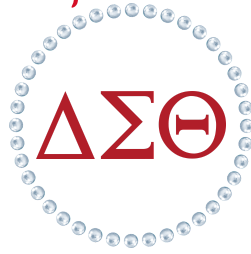
*Our thoughts and prayers are with you!*

Please continue to pray for our Sorors who have recently suffered a loss, are ill, recovering from surgery, have been under the weather, or are facing one of life's many challenges. Those that we are aware of include:

**Sorors Nancy Adams, Erin Banks, Lorri Banks, Brenda Boston, Barbara Byrd-Walker, Katrina Cary, Lonice Darden Williams, Joyce Diggs, Robin Edwards-Clark, Juanita Glover, LaToya Gregg, Davida Harrell-Williams, Wendy Hicks, Gail Hinton-Copeland, Tia Hughes, Julia James, Pamela Jones-Watford, Sharon Knight, Jacqueline Matthews, Melody Matthews-Calloway, Betty Montgomery, Deborah Norris, Lakeila Powell, Joyce Powell Jones, Sharon Slaughter, Tess Turner, LaShawdra Walker, and Vicki Wiggins-Pittman**



# What I Love About Delta!



**#SISTERHOOD**

SISTERHOOD is the bond that connects women to each other.

True sisterhood means loving and accepting someone else, where they are.

and inspiring them to reach their highest potential.

When building a Sisterhood, we must be genuine, honest, inspiring, loyal, and trustworthy.

We must communicate with our sisters and not forget what is important to them.

As sisters, we must support one another in times of need and in times of celebration.

Sisterhood allows us to listen to what other sisters want to say and

allow them to express their ideas and opinions.

Let us encourage each sister to reach their highest potential and God's will for their lives.

**Soror Nancy Brown Adams, Portsmouth Alumnae, Spr. 1985**



# GETTING TO KNOW YOU

Provided by You!

## What I Love About Delta!

Always in my corner. Always cheering me on. Always listening to me with a spirit of discernment, giving me another point of view. I became a Delta on April 11, 1989, and I later met this dynamic soror. When I became inactive, she did not make me feel guilty. She invited me to sorority functions and informed me of fundraising activities. In her own way, she was letting me know, it was okay to return when I was ready. I will always cherish our genuine bond with my sister, now President, Tina Paul.

**Soror Charlene Andrews**  
SAC, Spr. 1981



I am proud to be a member of SAC Delta Sigma Theta Sorority, Inc. and part of the SAC Spring 1993 'Together 25'. I love being a part of Delta for it gives me an opportunity to serve the community and make a difference. Working together with my sorors for a cause allows me to share my gifts and skills with other like-minded professionals.

Each year SAC gets stronger, wiser, more visible, and more vocal in the community. I love what we do and how we do it - with style and grace.

**Soror Brenda Boston**  
SAC, Spr. 1993



My Deltaversary is April 26th. I became a member of Delta Sigma Theta Sorority, Incorporated in 2008 at the Franklin Tri-County Alumnae Chapter. I chose to become a member of our illustrious sorority because of the sisterhood and community service. While I am an introvert, I do enjoy great company and true friendship. I love to give back to the community and to those who need assistance when my schedule allows. Becoming a member of Delta Sigma Theta Sorority, Inc. is one of my best decisions I have made. Joining Suffolk Alumnae Chapter was another great decision. I love the sisterhood of this chapter!

**Soror LaToya Gregg**  
Franklin Tri-County Alumnae, Spr. 2008



I chose Delta for the opportunity to be part of a sisterhood of amazing women, and advocate for change. Honestly, I never imagined I could love something so much that I want to work for it all the time. Meeting Sorors from everywhere and making lasting friendships is part of the love of this sisterhood that I cherish. Ultimately, there is nothing like the excitement of new members and the bond I have with my line sisters.

**Soror Robin J. Whitley, "TNT",**  
**The Tail, #PhenomenalXXVI #26,**  
SAC, Spr., 2006  
Social Action Co-Chair



## GETTING TO KNOW YOU

Provided by You!

# What I Love About Delta!

Being initiated into the SAC of Delta Sigma Theta Sorority Inc., in Spring 2018 was a joyous and rewarding experience that I can never forget. SAC has allowed me the opportunity to learn more about the history and culture of the organization, cultivate my leadership skills, participate in community outreach; as well as, gaining sisters that are caring and supportive. SAC has helped me to grow individually, and improve my interpersonal skills, while creating valuable opportunities to contribute, coordinate, and lead which are all valuable skills for participation in the workforce.

**Soror Felita L. Steverson #4**  
(E=mc2)  
SAC, Spr. 2018  
The DSTinct Forces of Vitality  
Arts & Letters Co-Chair



**Membership in Delta Sigma Theta Sorority Inc. is a privilege and a lifetime commitment, which no one should take for granted. Joining SAC in 1993 has been filled with joy, peace, happiness, and unforgettable experiences. I thoroughly enjoyed participating in the National Conventions, Regional Conferences, and State meetings. There is always a wealth of knowledge to be shared, and the creation of sisterly bonds. The service projects and the community activities have been awesome, and the community involvement has been good. I appreciate the teamwork and fellowship with other Deltas within the Chapter, and around the world. I am so proud to be called a "Delta girl," that has a love for humanity, sisterhood, and service work.**

**Soror Mary S. Steverson**  
SAC, Spr. 1993



Three years ago, I walked into a room full of strangers. As we began to get to know each other we learned that each of us was distinctly different. In our own way, we are strong, active, and full of energy. Hence the line name 28 DSTinct Forces of Vitality. I thank God each day for these strangers, whom I now call Sisters. Becoming a member of Delta Sigma Theta Sorority, Incorporated opened my heart to a whole new meaning of love. I have a renewed spirit towards commitment, giving, and ministry. My love for DST is FOR REAL.

**Soror Belinda S. Pitts**  
#16 Sacred Trust  
SAC, Spr. 2018  
Second Vice President,  
Membership Services Chair



# GETTING TO KNOW YOU

Provided by You!

## What I Love About Delta!



Oh To Be A Delta Girl—that is the way my mother phrased it; the way my aunt phrased it and the way my sisters and friends phrased it. The things I Love About Delta extend far beyond me but thankfully have found a place in my heart. I Love the Strength of Delta, the unspoken bond and support of Delta, and the raised standard of expectation that is associated with and demonstrated in Delta.

**Soror Crystal Phillips**  
SAC, Spr. 2001



Before heading off to UVA, my cousin Wanda, a Delta from Hampton Institute, encouraged me to read one of her Delta Journals. Inside I found the Delta Oath, while reading it I saw parts of myself and my beliefs. During Undergrad my RA, Angela Lee (Kappa Rho) was always caring and friendly. While in Graduate School, my professors, Dr. Polly Saunders Murphy and Dr. Noma Anderson both became such powerful influences in my life. Last but not least, my cousin Dr. Ella P. Ward invited me to attend a Rush sponsored by Portsmouth Alumnae Chapter, needless to say, and the rest is history! All of these women displayed the characteristics of being strong, prepared, educated Black Women who were leaders in their communities. On April 13, 1985, I was grateful to join this dynamic Sisterhood.

**Soror Kimberly Vincent**  
Portsmouth Alumnae, Spr. 1985  
Corresponding Secretary  
Program Planning & Development Co-Chair





# GETTING TO KNOW YOU

Provided by You!

## What I Love About Delta!



▲ Robbie	Compassion	♥ Loving care of others in their time of need.
▲ Pamela	Courtesy	♥ Respectful of other's feelings, prayer warrior.
▲ Lynn	Dedication	♥ Legacy via Mom; devoted Delta via dedication.
▲ Beverly	Fellowship	♥ Gift of inspiring gracious sisterhood endeavors.
ΩΩRuby	Fidelity	♥ Faithfulness to others.
▲ Jeanette	Honesty	♥ Affectionate trustworthy devotion.
▲ JoAnne	Justice	♥ Embodies equality for all.
▲ Jackie	Purity	♥ Actions with high moral-standards.
▲ Gail	Temperance	♥ Self-restraint peppered with loving dedication.

**Soror Beverly Washington-Williams,  
SAC, Spr. 1988, Heritage & Archives Co-Chair**



# GETTING TO KNOW YOU

Provided by You!

## *What I Love About Delta!*



I love the sisterhood our beautiful sorority represents. The women I have met through Delta are strong, compassionate, accomplished, and loving. I strive to reach and maintain the standards set by my Sorors. Knowing I have sisters around the world warms my heart. The impact our chapter has on the local community lets me know we are making a change and we are counted on. I am so thankful and love all of my line sisters who I know support me and will always have my back. This lifetime commitment couldn't be shared with a better group of phenomenal women. I Love my DST!!

**Soror Shea Skinner, SAC, Spr. 2018  
Physical and Mental Health Chair**



# GETTING TO KNOW YOU

Provided by You!

## What I Love About Delta!



I just love everything about Delta. Delta has earned the respect of the community. Not only locally, but on a national basis as an organization that is committed to service. Based on the Godly principles, it has allowed me to become a better person. I am more passionate about values and giving back. I have learned so much from being in this strong, bonded sisterhood among like-minded fierce, and educated women around the world. I have gained sisters from another mother that could never be replaced. Oh, how I love to be a Delta!

**Soror Stephanie Blue**

**SAC, Spr. 2018**



**DELTA DEARS**

Provided by Dr. Gloria Johnson-Spruiell

**Dr. Gloria Johnson-Spruiell** was born and raised in Hollandale, Mississippi. After graduating from Simmons High School, she continued her studies at Fisk University. During her first year of matriculation at Fisk, she watched the ladies in red and white stroll by with such elegance and grace. In 1973 Dr. Johnson-Spruiell was initiated into the Alpha Beta Chapter of Delta Sigma Theta Sorority, Inc. She later graduated and received a Bachelor of Science in Biology.

Dr. Johnson-Spruiell spent a "gap" year in Atlanta, GA working in a hospital as an EKG/blood gas technician. It became apparent to her that she must seek higher education. She was accepted and matriculated at the University of Mississippi School of Dentistry located in Jackson, Mississippi. Dr. Johnson-Spruiell received a Doctor of Dental Medicine degree in 1981.

Dr. Johnson-Spruiell secured her first professional job at Jackson-Hinds Comprehensive Health Center. This is also where she met her husband, Dr. Linwood R. Spruiell. They have been married for 35 years and are the proud parents of Marissa and Ryan. Their family moved to Virginia, his home state, in 1989.

She met Soror Barbara Byrd Walker in the daycare facility's parking lot where their children were enrolled over 30 years ago. She now refers to Barbara as her BFF (best friend forever) because through her and her mother, Soror Vermelle T. Byrd, a charter member, Dr. Johnson-Spruiell was introduced to Suffolk Alumnae Chapter.

As a SAC member, she has served in the following capacities: committee member Delta G.E.M.S., Delta Academy & E.M.B.O.D.I. Cotillion Chair, Risk Management Chair, Minerva Circle Leader, and Physical and Mental Health Committee member.

There are two very special events as she reflects on her life in Delta Sigma Theta. As Cotillion Chair, words fail to express the pure joy she felt as she watched the young high school ladies in their beautiful white gowns and gloves waltz around the room at the Hilton Garden Inn, sharing a dance with their fathers as their mothers lovingly looked on with such pride. She stated, "It was hard work by a very dedicated team, but so very worthy of the cause to provide them with an opportunity to raise money for college tuition/expenses. Some of these young ladies are now Sorors."

Lastly, as Minerva Circle Leader in 2018, twenty-eight (28) college-educated, powerful, intelligent, graceful, and beautiful women were initiated in the SAC, Delta Sigma Theta Sorority, Inc. and she along with a gracious support team of Sorors were there to lead, instruct, love, and hold their hands through every step of their journey. She stated "For that, I am thankful and grateful. I shall never forget the blessing!"

Dr. Johnson-Spruiell's hobbies are vegan cooking, baking, singing, reading autobiographies, exercising, and traveling. Gloria enjoys roasted peanuts in the shell and gummy bears. Dr. Johnson-Spruiell's favorite bible verse is Proverbs 3:5-6 KJV. "Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths".

She has been a faithful member of First Baptist Church for nearly 30 years, where she has served as a Sunday school teacher, Choir member, Church's yearbook Chair, and Health & Wellness Ministry member.

Dr. Johnson-Spruiell is active in the community with other organizations raising awareness of African American organ donors, providing free oral health education and dental screenings in our public schools. These organizations are also involved in supporting free swim lessons offered to prevent drowning for underserved populations of children with no access to swimming pools and free CPR training for YMCA active older adults (AOA) members. She stated, "God has blessed me to be a blessing!" Dr. Johnson-Spruiell currently works as a staff dentist at the Hampton Roads Community Health Center and is moving toward retirement.

She honors her grandparents, Oscar and Mary Johnson, who raised and adopted her as their child at a very early age. Dr. Johnson-Spruiell stated, "It is because of the pouring out of themselves into me that I attribute who I am today. I am so very thankful to God for allowing me to be their child."



*"God has blessed  
me to be a  
blessing!" Soror  
Johnson-Spruiell!*



## SOROR SPOTLIGHT

Provided by Soror Barbara Byrd Walker through Membership Services

**Soror Barbara Byrd Walker** is a Suffolk native and is the daughter of Soror Vermelle T. Byrd, charter member, and the late Charlie C. Byrd. Soror Walker graduated from Suffolk High School in 1977. Barbara attended Virginia Commonwealth University (VCU) and graduated with a Bachelor of Science degree in Biology in 1980. She did further studies at Norfolk State University in Chemistry. Barbara retired from Norfolk Naval Shipyard (Department of Navy) after 35 years as the Branch Head Chemist of Analytical & Environmental Chemistry Section of Laboratory.

Soror Walker was initiated into Delta Sigma Theta Sorority, Incorporated at VCU in the ETA TAU Chapter in Fall 1978 and served as President. Soror Walker has been a member of this illustrious sisterhood for 43 years. She became involved in Suffolk Alumnae Chapter in 1981. Soror Walker has chaired or co-chaired and served on several committees, including Minerva Circle, Founders Day, Delta Academy, Delta GEMS, EMBODI and Scholarship Committee. Her most memorable Delta moment was when she and her mother, Soror Vermelle T. Byrd, pinned her daughter LaShawndra at Alpha Chapter at Howard University.

Soror Walker and Sylvester have been married for 36 years. They have wonderful twin daughters, Dr. LaShawndra Walker and Dr. Charmaine Walker. She is a member of First Baptist Church Mahan Street and is a member of the Mass Choir. In addition, Soror Walker serves on the Boys and Girls Club Board of Directors for the Suffolk Unit. Barbara enjoys photography, reading, and spending time with family and friends.



**SOROR WALKER'S MOST MEMORABLE DELTA MOMENT WAS WHEN SHE AND HER MOTHER, SOROR VERMELLE T. BYRD, PINNED HER DAUGHTER LASHAWNDRRA AT ALPHA CHAPTER AT HOWARD UNIVERSITY.**





# CELEBRATING SORORS

Provided by Courtesy & Hospitality

*Happy Birthday!*

## *April Birthdays*

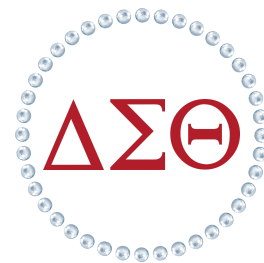
- 04/05 Tina Paul
- 04/10 Helivi Holland
- 04/11 Kimberly Vincent
- 04/11 Marion Keeling
- 04/12 Jewel Anderson
- 04/20 Gina Knight
- 04/24 Charlette Fairchild
- 04/26 Regina McKinney
- 04/28 Yilla Smith-Harry



# CELEBRATING SORORS

Provided by Courtesy & Hospitality

- |   |  |
|---|--|
| 1963 <i>Joyce Diggs</i> Gamma Iota              | 2006 <i>Adrienne Simmons</i> SAC                     |
| 1977 <i>Carolyn Mayfield</i> SAC                | 2006 <i>Betty Montgomery</i> SAC                     |
| 1978 <i>Gloria Mizelle</i> SAC                  | 2006 <i>Gwendolyn Williams</i> Portsmouth Alumnae    |
| 1980 <i>Charlie Fairchild</i> Lambda Eta        | 2006 <i>Janice Smith</i> SAC                         |
| 1981 <i>Charlene Christian Andrews</i> SAC      | 2006 <i>Joy Porter</i> SAC                           |
| 1981 <i>Helen Lewis</i> SAC                     | 2006 <i>Kier Holland</i> SAC                         |
| 1981 <i>Mary Hicks</i> SAC                      | 2006 <i>Melody Matthews</i> SAC                      |
| 1981 <i>Monique Keeling</i> Kappa Sigma         | 2006 <i>Robin Edwards-Clark</i> SAC                  |
| 1985 <i>Dana Woodson</i> Gamma Iota             | 2006 <i>Robin Whitley</i> SAC                        |
| 1985 <i>Kimberly Hitchman</i> Alpha Eta         | 2006 <i>Shawn Harris</i> SAC                         |
| 1985 <i>Kimberly Vincent</i> Portsmouth Alumnae | 2006 <i>Tess Turner</i> SAC                          |
| 1985 <i>Nancy Adams</i> Portsmouth Alumnae      | 2008 <i>Latoya Gregg</i> Franklin Tri-County Alumnae |
| 1988 <i>Beverly Washington-Williams</i> SAC     | 2010 <i>Cassidy Lewis</i> Delta Chi                  |
| 1988 <i>Gail Hinton-Copeland</i> SAC            | 2010 <i>Kim Penerton</i> Portsmouth Alumnae          |
| 1988 <i>Jacquelyn Lawrence</i> SAC              | 2010 <i>Toni Thomas</i> Portsmouth Alumnae           |
| 1988 <i>Pamela Jones-Watford</i> SAC            | 2017 <i>Erin Banks</i> Iota Alpha                    |
| 1988 <i>Patricia Richards-Spruill</i> SAC       | 2018 <i>Alexis Smith</i> SAC                         |
| 1989 <i>Davida Harrell-Williams</i> Alpha Eta   | 2018 <i>Belinda S. Pitts</i> SAC                     |
| 1990 <i>Gina Knight</i> Delta Chi               | 2018 <i>Cherelle Mason-Harris</i> SAC                |
| 1990 <i>Robin Gregg-Chappell</i> Alpha Eta      | 2018 <i>Ericka Counts</i> SAC                        |
| 1993 <i>Brenda Boston</i> SAC                   | 2018 <i>Ernestine Kearney</i> SAC                    |
| 1993 <i>Gayle Spencer-Ridley</i> SAC            | 2018 <i>Felita Steverson</i> SAC                     |
| 1993 <i>Guinelle Trower-Koonce</i> SAC          | 2018 <i>Jewel Anderson</i> SAC                       |
| 1993 <i>Helivi Holland</i> SAC                  | 2018 <i>Julia James</i> SAC                          |
| 1993 <i>Lula Holland</i> SAC                    | 2018 <i>Kelli McCray</i> SAC                         |
| 1993 <i>Mary Steverson</i> SAC                  | 2018 <i>Kimberly Pitt</i> SAC                        |
| 1993 <i>Pharnethia Jackson</i> Epsilon Theta    | 2018 <i>LaCleder Odom</i> SAC                        |
| 1993 <i>Vanessa Harris</i> SAC                  | 2018 <i>Lakeila Powell</i> SAC                       |
| 1993 <i>Vicki Wiggins-Pittman</i> SAC           | 2018 <i>LaShonda Anderson</i> SAC                    |
| 1994 <i>Deborah Norris</i> Alpha Eta            | 2018 <i>LaTonya Williams</i> SAC                     |
| 1994 <i>Tina M. Paul</i> Alpha Eta              | 2018 <i>Lonice Williams</i> SAC                      |
| 1995 <i>Katrina Cary</i> Mu Alpha               | 2018 <i>Nicole Randolph</i> SAC                      |
| 1996 <i>Bridgette M. Buckner</i> Auburn Alumnae | 2018 <i>Regina McKinney</i> SAC                      |
| 1998 <i>Marcia Brown</i> Epsilon Theta          | 2018 <i>Shea Skinner</i> SAC                         |
| 1998 <i>Camino Staton</i> Alpha Zeta            | 2018 <i>Sonia Bethea</i> SAC                         |
| 2001 <i>Crystal Phillips</i> SAC                | 2018 <i>Stephanie Blue</i> SAC                       |
| 2001 <i>Erin Lawrence</i> SAC                   | 2018 <i>Takiyah Brown</i> SAC                        |
| 2001 <i>Sharon Knight</i> SAC                   | 2018 <i>Tia Hughes</i> SAC                           |
| 2001 <i>Sharon Slaughter</i> SAC                | 2018 <i>Wendy Hicks</i> SAC                          |
| 2002 <i>Ebony Hudson</i> Beta Epsilon           | 2018 <i>Yilla Smith-Harry</i> SAC                    |
| 2003 <i>Nicole Austin</i> Zeta Omega            | 2020 <i>Jess Moore</i> Pi Mu                         |



Happy Deltaversary!



# WHAT'S GOING ON!

Provided by Social Action



Social Action

- Governor Northam restored the rights of 69,000 Virginians. Individuals are now eligible to have their rights restored after being released from incarceration. They don't have to wait to complete community supervision (probation/parole). To check to see if rights have been restored go to [restore.virginia.gov](https://restore.virginia.gov)
- The VA General Assembly approved HB1890 that gives Virginia a comprehensive Voting Rights Act and ends discriminatory voting procedures, prevents voting suppression tactics and more to protect voting and our democracy.
- Virginia also cast many votes and passed bills to make expanded absentee voting permanent along with in-person early voting on Sunday!
- The State Republican Convention is May 8, 2021 and the State Democratic Primary is June 8, 2021 so absentee voting begins 45 days before the election. (GOP 3/23 & Democratic 4/24)
- Suffolk Police Department is being proactive by working on HB5043 Marcus Alert Bill. They met with GS4 Alternative Transportation and Western Tidewater Mental Health Services to determine how they will collaborate with citizens in crisis when they are called to respond.
- The US House passed a resolution to advance the Equal Rights Amendment by removing the deadline. In 2020, Virginia was the 38th and final state needed to ratify. Hopefully, it will pass this time around by putting the heat on the Senate to pass.
- The House also approved the Violence Against Women Act, a law that strengthens domestic violence protections.
- Past National President Marcia Fudge was sworn in as the 18th US Secretary of Housing and Urban Development (HUD).

Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

**POLITICAL AWARENESS AND INVOLVEMENT**

DELTA DAYS AT THE NATIONS CAPITAL | DELTA DAYS AT GENERAL ASSEMBLY | SOCIAL ACTION

Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc. GET REGISTERED TO VOTE!

VIRTUAL SUFFOLK MAYORAL CANDIDATE FORUM

RESTORE YOUR RIGHT TO VOTE

SORORS IN Solidarity

TWO WAYS TO RESTORE YOUR VOTE IN VIRGINIA

Suffolk Alumnae Chapter



# BACK IN THE DAY

Provided by Heritage and Archives



*The answer to last month's question: The fall initiates of 1968 were the second line of SAC. Do you know the year of the first line? Do you know how many lines have crossed over in SAC since 1964? There have been 13 lines to crossover in SAC. The first was on October 14, 1966.*

*Fall 1966 (Oct 14)*

*Fall 1968 (Oct)*

*Fall 1971 (Nov. 20)*

*Spring 1973 (May 5)*

*Spring 1977 (April 30)*

*Spring 1978 (May 13)*

*Spring 1981 (April 11)*

*Spring 1988 (April 24 – "The Noble 9")*

*Spring 1993 (April 30 – "Together 25")*

*Spring 1996 (March 22)*

*Spring 2001 (April 22 – "The Real Millennial Edition")*

*Spring 2006 (April 29 – "Phenomenal XXVI")*

*Spring 2018 (April 8 – "28 DSTinct Forces of Vitality")*



## SPRING DELTAVERSARY KICKBACK

Friday, April 16th at 7 pm

**ALL SORORS ARE INVITED TO COME AND CELEBRATE SPRING DELTAVERSARIES!**

**Register in advance for this activity:**

[https://zoom.us/meeting/register/tJAsdOuhqzosh9Roj96rOgVztoI\\_mqDGPknh](https://zoom.us/meeting/register/tJAsdOuhqzosh9Roj96rOgVztoI_mqDGPknh)

## Newsletter Contributors/Editors

Sorors Bridgette M. Buckner, Regina McKinney & Robin Whitley

The Newsletter Subcommittee falls under the Media Relations Committee, Soror Sharon Slaughter, Chair and Soror Erin Lawrence, Co-Chair. *The Delta Download* is for us, about us, and by us. If there is something you would like to see featured in our chapter newsletter, let us know.

Committees, please email all submissions to [sacdst64.newsletter@gmail.com](mailto:sacdst64.newsletter@gmail.com) by the Friday after Executive Board Meeting, Friday, April 23, 2021. If you have any questions, feel free to email us.



# Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.



*Celebrating 56 years of Sisterhood, Scholarship, & Service in the Suffolk community*

**Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.**

Suffolk Alumnae Chapter members sponsor several educational initiatives aimed at improving the trajectory of young people's lives throughout the Suffolk community. The chapter's annual programs include: Read Across America, Back to School Supply Giveaway, Delta GEMS, and EMBODI.

**Educational Development**

Delta Academy | Delta GEMS | EMBODI

For more information please visit [www.suffokdst.org](http://www.suffokdst.org)

**Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.**

**Economic Development**

**Financial Fortitude Seminar**

The Financial Fortitude initiative is comprised of ten components and provides a collaboration of information from major economic corporations and other well-known financial institutions. The ten components include: Goal Setting, Financial Planning, Budgeting, Debt Management, Savings & Investments, Retirement Planning, Homeownership, Insurance, Estate Planning, and Entrepreneurship.

The initiative helps members of the Suffolk Alumnae Chapter to spread financial education throughout their Suffolk community.

For information please visit [www.suffokdst.org](http://www.suffokdst.org)

**Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.**

**PHYSICAL & MENTAL HEALTH**

Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc. wants to positively impact our members, our family, and the Suffolk Community. Committed to creating a healthy physical and mental health programs to improve living habits and healthy lives, Suffolk Alumnae Chapter has developed and supported programs by collaborating with other Hampton Roads area organizations. Our programs focus on providing health education, health promotion, and disease prevention to reduce health disparities and mental illnesses in African American communities. We support the St. Jude Walk to End Childhood Cancer, March of Dimes, Salvation Army Christmas stockings, Domestic Violence Awareness Month, American Cancer Society Relay for Life, and our Community Health Fair.

For more information please visit [www.suffokdst.org](http://www.suffokdst.org)

**Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.**

**POLITICAL AWARENESS AND INVOLVEMENT**

DELTA DAYS AT THE NATIONS CAPITAL (DELTA DAYS AT GENERAL ASSEMBLY)

GET REGISTERED TO VOTE!

YOUR VOICE YOUR VOTE

Though non-partisan in nature and purpose, Delta understands the importance of and the need for an informed electorate. Delta's concern for the public's "need to know" and the enfranchisement of all Americans has been the philosophical basis for public service programs in this area. The mission of social action in Delta Sigma Theta Sorority is to promote leadership, advocacy, and empowerment to affect social change and public policy.

For more information please visit [www.suffokdst.org](http://www.suffokdst.org)

**Suffolk Alumnae Chapter of Delta Sigma Theta Sorority, Inc.**

**INTERNATIONAL AWARENESS AND INVOLVEMENT (IAI)**

Projects in South Africa | Projects in Kenya | Project in Haiti

Through international awareness & involvement projects, members of Delta Sigma Theta Sorority, Inc. have been able to broaden their knowledge and understanding of nations other than their own, increase interest in international affairs, and aid in developing a greater appreciation for people of different backgrounds and cultures.

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